THE STATE HORNET

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est. 1949 | California State University, Sacramento | February 16, 2005 | Volume 57, Issue 18 | One Copy Free

University plans for name change

KAREN MARIE WATSON
State Hornet

The task of building the image of Sacramento State to make it a "flagship" of colleges began with the change of its name. Sac State President Alexander Gonzalez has formed a branding committee to help make decisions on how best to promote the university and to decide on which firm will design an identity package.

Frank Whitlatch, university affairs spokesman, said the name change will be integrated over the next year in an effort to eliminate unnecessary expenditures. The change won't become finalized until the California State University board of trustees approves it. Whitlach hopes the issue is decided at their March meeting.

"We'll use what we have first," said Whitlatch in regards to stationary, business cards and letterheads. "This includes our catalog. We'll wait until we print the next one so there won't be any additional costs."

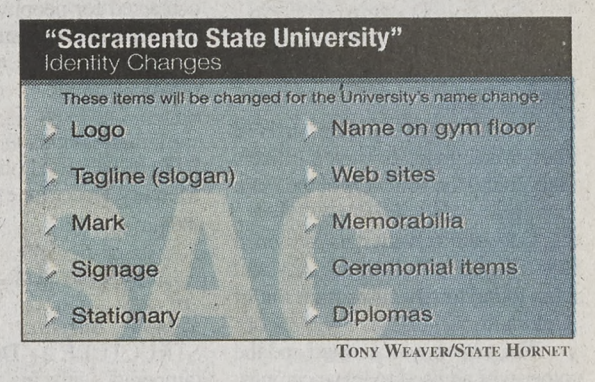
Since the university is already committed to replacing old signage, the changes will be made so the new signs will reflect the change.

"The upgrades will be from UPS brown to signs that will really help students get around," Whitlatch said.

He is estimating that the total cost for the name change will run between $10,000 to $20,000.

Sac State is not alone when it comes to meeting the challenges associated with a name change. California State University, Hayward became California State University East Bay on Jan. 26 of this year, the fifth time it has changed its name since 1957.

NAME: Page A4



TONY WEAVER/STATE HORNET

ASI President Josh Wood proposed dramatic changes to the election code.

ASI to revamp election

GREG HYATT
State Hornet

Sweeping changes are in order for Sacramento State's student election code after Associated Students Inc. President Josh Wood proposed reforms at the ASI board meeting on Feb. 9.

Board members discussed adjusting campaign finance rules and the future of online elections on campus.

Wood says he supports bringing campaign spending rules and slates back to where they were before they were changed under former ASI president Peter Ucovich in April 2004.

"The election code should not hinder students that are running for office," Wood told the board.

Under the current election code rules, a single candidate for executive office can spend $100. A candidate for Board of Directors position can spend $50.

ELECTION: Page A3

L. Wood returns to board

GREG HYATT
State Hornet

The ineligibility of Luke Wood proved to be only temporary after the Associated Students Inc. board of directors reappointed Wood to his position as Vice President of Academic Affairs on Feb. 9.

Two incomplete grades in the fall semester left Wood ineligible.

But those incomplete grades have since been corrected on Luke Wood's record, making him eligible to re-apply for his former position.

Luke Wood said a delay in processing his grades due to a name mix-up caused the incompletes.

His professors know him as Luke, but his first name appearing on his records is Jonathon, which Wood says led to the confusion and delay in processing his grades.

ASI President Josh Wood said he had planned on waiting until the Feb. 16 board meeting to recommend his brother Luke be reappointed, in accordance to ASI operating rules.

WOOD: Page A3

WEAR AND TEAR

JOHN GRIX/STATE HORNET

JAMIE GONZALES/STATE HORNET

Freshman Erin Stutz points out the damage in her room in Sutter Hall. Above right: The same room contains a definitive crack where the wall touches the ceiling.

Aging dorms cause unease among hall residents

BRANDON DARNELL
State Hornet

The structural integrity of Sutter Hall has been the subject of concern among residents recently because of cracks where interior walls meet the ceiling.

The cracks have been visible since the fall semester but they're getting worse, according to Erin Stutz, a freshman majoring in liberal studies.

"When you push (the wall) in, it shakes the whole room," Stutz said. "Every time a door closes, it shakes and vibrates."

Stutz said that the whole wall bows in "a little more than an inch" when pushed on. She is worried that the building may not be structurally sound.

"Every time a door closes (the room) shakes and vibrates."

Erin Stutz
Sutter Hall resident

Another rumor circulating is that the building was meant to be a temporary structure but is still being used 30 years later.

Cynthia Cockrill, the director of Housing and Residential Life, does not believe that Sutter Hall, which opened in 1974, was ever meant as a temporary structure. There were similar rumors when she came to the campus in 1986, but she expressed serious doubts about their authenticity and has never seen any evidence to suggest that.

Ron Hopkins, the housing and facilities manager for Housing and Residential Life, explained that even if the building were meant to be temporary, it would still have to

DORMS: Page A5

Staff petitions for pay increase

BRANDON DARNELL
State Hornet

With a chronically-ill spouse, dry-rotting home, old furniture and a broken air conditioner, Sara Joslin had to take out a home equity loan and get a second job just to keep up.

She hasn't had a raise in three years.

Joslin is the administrative support coordinator for the Computer Science Department at Sacramento State.

Her story of fighting to make ends meet and needing a second job is not uncommon among Sac State's staff.

EDITORIAL

Sacramento State's staff deserves an increase in pay.

See page A5

She claimed that many of the staff are ready to walk off the job. Some already have, going to places where they can make more money.

In addition to a lack of pay raises, there has been an increase in the amount and the complexity of the work, largely caused by the controversial PeopleSoft software.

The staff, members of the California State University Employees Union, received their last raise, which was 1.5 percent, in July 2002.

Cristi Hunter,instructional support tech I for

PETITION: Page A5

Emergency procedure updated

REBECCA ADLER
State Hornet

Lecturer Shari Lasher was surprised on Feb. 3 to see a student running up the stairs in Mendocino Hall as she was hurrying down them. She was surprised because the fire alarm had just sounded and, as is protocol, everyone was hurriedly evacuating the building, except for one panicked student rushing up the stairs.

Lasher said the student was panicking because there was a woman in a wheelchair on the third floor of the building and nobody knew how she was supposed to be evacuated.

Lasher and Maggie Fuchs of the communications department followed the student to third floor and, with the help of the woman's mother, carried the woman and her wheelchair down to the first floor.

"The young woman remained very calm. Her mother said that the same thing would happen when she was in high school, but that the football players would always carry her to safety…" Lasher said.

Lasher said that she and the woman's mother were concerned because neither of them knew what the procedure for students with disabilities was in the case of an emergency.

Pat Sonntag, director of Services to

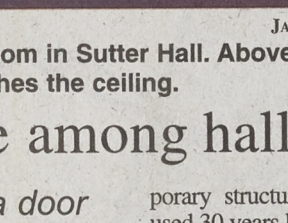
EMERGENCY: Page A8

PERSONAL BEST/B1

Jessica Hoffman leads the gymnastics team over UC Davis with career highs in floor and the all-around.

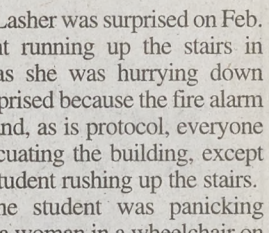
NORCAL BEATDOWN/B1

No. 1 California beats No. 12 Sac State, 60-5 in showdown of top-15 teams in the national collegiate rugby circuit.



SWEET RIDE/B4

Riding a motorcycle to school might guarantee a decent parking space, but a higher risk of injury accompanies the benefits.



Campus Police Log

SACRAMENTO STATE'S CAMPUS POLICE

State Hornet Staff

Monday, Feb. 7

Loose or Dangerous Animal – PARKING STRUCTURE – A person reported a sick cat on the fifth floor of Parking Structure 1. The police contacted Animal Control and an officer from the organization took the cat for treatment.

False ID – MAIN BUS STOP – A person reported two aggressive magazine solicitors at the River Front Center.

When peace officers arrived they were gone; however officers later found the solicitors at the main bus stop.

One of the solicitors provided the officers with false identity and was found to have a warrant out of Colorado.

The person was arrested and the other was advised to leave campus.

Tuesday, Feb. 8

Traffic – LOT 8 – A minor traffic collision occurred into a parked silver Honda Civic.

Vehicle Impound – LOT 8 – A blue Dodge Dakota was towed for an expired registration.

Disturbance – RESIDNECE HALL PARKING – Police were contacted for people being loud on the west side of Desmond Hall. The people had left the area before the officers arrived.

Vehicle Impound – PARKING STRUCTURE – Police towed a red Mercury Tracer for expired registration.

Wednesday, Feb. 9

Auto Burglary – PARKING STRUCTURE 2 – Door locks were tampered with in an attempt to break into a Green Dodge Dakota. Police took a report.

Vehicle Impound – STATE UNIVERSITY DRIVE – Police stopped a white 1988 Chevrolet Nova for an expired driver's license. The vehicle was towed and the report was taken.

Vandalism – LASSEN HALL – Graffiti was found on the restroom wall. Facilities Management was contacted and they cleaned the area.

Thursday, Feb. 10

Disturbance – RESIDENCE HALL PARKING – A person reported 15 to 20 people standing outside causing a disturbance. They were asked to leave the area but refused. The group was gone when police arrived.

Burglary – YOSEMITE HALL – A locker was broken into and cash and a pad lock was taken.

Service – AMADOR HALL – Police assisted a person in need of medical aid. The person was taken to the hospital for treatment.

Incident – Lot 4 – When gasoline leaked from a vehicle, the driver hit an unknown object and punctured the fuel tank. The Sacramento Fire Department and Environmental Health and Safety were contacted and responded to clean the spill.

Trespass – YOSEMITE HALL – People refused to leave after closing hours. They were advised and left.

Friday, Feb. 11

Arrest – SANTA CLARA HALL – Police arrested a person for violating a notice by returning to campus after disturbing the peace last Sunday.

Chemistry student awarded grant

STEVE NIXON
State Hornet

Since the focus of Sacramento State's faculty generally is teaching, students rarely get an opportunity to do research. However, for junior chemistry major Karen Goodwin, a grant from the National Science Foundation, worth approximately $200,000 has given her the opportunity to get into a lab and get some in valuable hands-on experience.

"I've always wanted to teach," Goodwin said. "I have visions of someday being hired at a junior college and being shown some of their lab equipment, and being able to say that I designed that detector."

The detector that she is referring to is a new detector for a high performance liquid chromatography device that is being developed on campus by the authors of the grant proposal, Dr. Roy Dixon, an associate professor of chemistry and Dr. Bill DeGraffenreid, an associate professor of physics.

The technique enables scientists to determine the makeup of a substance by dissolving a material and forcing it into a thick, stationary substance. The results of that test can tell scientists about the make up of a chemical compound.

There are actually two detectors that the group is working on, one based on a method called aerosol charge detection, which involves detecting substances based on what kind of electric charge they have, and another that is based on a photo ionization technique, which involves creating charged particles called ions, with light.

"One of my focuses is on atmospheric chemistry. I wanted one of these detectors for my work, but there are some technical issues and some financial issues, and so I thought that I could build my own," Dixon said.

The grants are very hard to obtain, with only about 10 percent of proposals being funded.

"We realized that together we might be able to put together a more attractive package for a proposal by combining the skills of physicists and chemists," DeGraffenreid said. "We had the opportunity to speak on a number of occasions about the things that interest us professionally and we really noticed that there was some common ground on our ideas about instrumentation."

Part of what brought DeGraffenreid to the project is his experience with electronics.

"A lot of chemists don't have a background in electronics. Dr. Dixon does, but it's not quite as extensive as mine. He had been playing around with this project, and he felt that I might be able to bring some interesting things to it," DeGraffenreid said.

A key part of the proposal was the inclusion of undergraduates as research assistants, DeGraffenreid said.

"There is an on-going push in the sciences to develop more research opportunities to undergraduates. It's so much easier to learn the science when you are doing it than it is when you are working on projects that are destined to succeed," DeGraffenreid said.

One way to provide more students with the opportunity to do research is to develop more lab programs.

Recently, the physics department at Sac State has developed such a program, a scientific instrumentation certificate that helps students prepare for the challenges of building scientific instruments in a real lab setting.

Goodwin is the first chemistry student to be involved in the program, which while generally aimed at students with a desire to go into industrial physics, has many uses for students.

"I want to go into teaching with a good, solid background," Goodwin said. "That means being actively involved with all kinds of equipment, and that certificate will really help me get involved in that."

For students with designs on teaching, there is also an economic aspect as well.

"With budgets what they are now, as a teacher, it would be nice to be able to work on a broken piece of equipment without having to wait for some lab technician," Goodwin said.

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and 2:00pm–3:00pm
Forest Suite, University Union

"WRITING A WINNING STATEMENT OF PURPOSE"

Wednesday, March 2nd
from 10:00am–11:00am
and 2:00pm–3:00pm
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Help save a life. Donate now!

CSUS Blood Drive

Tuesday, February 22
9 a.m. to 4 p.m.
UU Redwood Room

Sponsored by ASI & the University Union

All participants will receive a coupon to an on-campus eatery!

For more information, contact ASI at 278-4241

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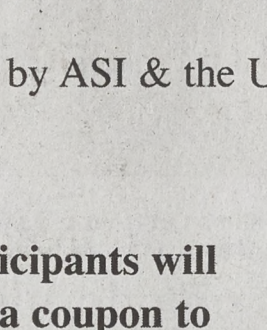
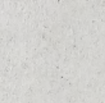


When was the last time you saved a child suffering from cancer?



Jasmine survived leukemia.

Grad students get life experience

LARRY MEADE
State Hornet

Graduate students nearing completion of their studies in the counseling field are getting real world experience and practice at the Center for Counseling and Diagnostic Services at Sacramento State.

Debra Marcus, coordinator of the center, which provides services for the community, said that graduate students practice counseling in many different areas including vocational rehabilitation, individual, family and marital counseling.

Lee Miguel and Lynn Filiatreaux completed their one-semester practice counseling at the center last semester and are currently doing their field study in anticipation of graduating in May.

Miguel, whose concentration is career counseling, is doing part of his field work as a classroom facilitator for a multicultural ethnic counseling class on campus. He said his work in the counseling center was important for his growth as a counselor.

Both Miguel and Filiatreaux began their counseling studies because of their life experiences.

Filiatreaux came to her new career from a slightly different path having formerly been successful in business as general manager of a rice-drying facility,

"I really wanted to facilitate social change," Filiatreaux said. "I found I had a natural ability in counseling. In the corporate world, I profited a lot. I feel the need to give back."

"I really wanted to facilitate social change."

Lynn Filiatreaux
Graduate student

Miguel and Filiatreaux face many challenges in pursuit of their counseling degrees. Miguel said it is important to understand the population of the community you are counseling.

"Understanding builds trust," Miguel said. "Trust and safety are built at the first session."

Filiatreaux, whose concentration is in marriage family therapy, sees a different challenge, one of getting as well rounded of an experience as is possible.

In any career field, there are aspects that are less likeable. For Miguel there is the frustration of not being able to see a client's development to the very end.

He said his hope is to "maybe plant a seed" to assist the client's continuing growth.

Filiatreaux, currently doing part of her field study at Women Escaping a Violent Environment, finds she dislikes working with HMOs and trying to get insurance companies to pay.

Both Miguel and Filiatreaux have a lot of work ahead of them after they graduate. Filiatreaux's career as a marriage family therapist requires licensing by the state. She must complete 3,000 hours under licensed supervision and then take the state test. She would then like to have her own private practice someday.

Miguel sees himself putting together a patchwork career including teaching, working in a career center, private practice and setting up his own career consulting business.

Serenading to celebrate students' merit

KAREN WATSON
State Hornet

Sacramento State's foreign language department is holding its first annual International Night from 5 p.m. to 8 p.m. Friday in the department of design. Faculty members will be providing their best ethnic cuisine and students are sharing their favorite ethnic appetizers.

Thirty foreign language students will be presented and honored for their dedication to language development and cultural diversity. They will be hand chosen by the faculty who will serenade all attendees with a multi-language rap song.

"We're doing this to honor students who are very dedicated to the study of language," Kathy Moore, professor of languages said. "This is the Year of Languages, proclaimed by Gov. Schwarzenegger."

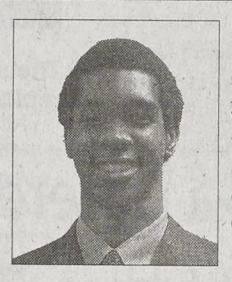
The big celebration for the Year of Languages will come on World Language Day, April 30. The Sac State Language Department will host a campus wide event complete with ethnic food vendors, mini-dramas, information booths, salsa dance lessons and numerous workshops. This is a free event to celebrate cultural diversity.

"We've invited all the schools in Northern California," Moore said. "We're expecting over 1,500 people to attend."

To find out more about World Language Day you can visit www.csus.edu/worldlanguageday .

The language department encourages anyone interested to sign up for a workshop or entertainment.

ELECTION: Campaign budget may expand



James Shelby II, vice president of finance, wants to change current campaigning rules.

Continued from A1

" From personal experience, the previous numbers were frustratingly low," said Nicki Croly, Director of Education.

Candidates can't combine funds under the current rules.

Under Wood's initial proposal, candidates for executive office would be allowed to spend up to $500 on their individual campaign including donations.

Candidates for Board of Director positions could spend up to $300 on their individual campaigns, including donations.

" An increase is needed, but I think those figures are a little high," said Sophia Albov, director of Natural Sciences and Mathematics.

Wood's proposal also calls for candidates under the same slate to combine funds if they want.

The board also showed concerns regarding campaign expense reports.

In the Spring 2004 election, campaign expenditures were the focus of controversy.

The yellow slate, headed by Executive Vice President candidate Chris Lange, was accused of forging campaign receipts to stay under the spending limit.

"We need much clearer language in spending reports," Croly said.

Concerns over donations from outside campus were also brought up. Wood's proposal allows candidates to solicit up to $250 in donations from non-campus special interest groups, like political organizations or non-profits.

" I don't think it's necessarily appropriate," Albov said. "Some candidates would have an advantage over others by knowing a lot of people off campus. It shouldn't be a popularity contest."

Patricia Worley, ASI executive director, noted something significant missing from Wood's election code proposal. Worley believes the election code should address online voting and its role in Sacramento State's future.

The first online election was held in December's special election for Measures 1 and 2. A total of 5 percent of the student population voted in the online election, the minimum needed for a valid election.

" If the board decides to go toward online voting instead of traditional voting, it needs to be addressed in this code," Worley said. " We need guidelines for online voting or campaigning."

Luke Wood, reappointed as Vice President of Academic Affairs just minutes earlier, prefers online voting to traditional voting at polls.

" Online voting is good because it's cost effective for us," Luke Wood said. " And if we're going to do it, we should open up computer terminals on campus to make it more accessible."

Josh Wood intends to revise his election code proposal by adding online election guidelines.

" I'm going to move for computer polling places, to set them up on campus," Josh Wood said.

James Shelby II, Vice President of Finance, expressed concern over candidates campaigning within 50 feet of polling stations. The current code and Wood's proposal prohibits campaigning in those areas.

" Last election I don't think the 50 ft. policy was enforced," Shelby said. " We need to enforce it. I thought the last eletion was a mockery in terms of that."

The ASI board members will reconvene today.

WOOD: Unanimous vote by ASI board

Continued from A1

Under the rule, the ASI president must present any applications for a board position to the Board for review.

Josh Wood said the topic of reinstating Luke Wood was going to be brought up in the Wednesday meeting as an informational item only on the meeting agenda.

However Robbie Abelon, secretary of state affairs, made a motion to move around the rule and appoint Luke Wood. When the board did not object to the motion, Luke Wood was officially reinstated.

"I was going to wait a week to move to reinstate Luke," Josh Wood said. "But Luke lobbied to get himself appointed right away."

The board's vote to reinstate was unanimous.

"It's good to be back," Luke Wood said after the meeting. " I'm glad it was a unanimous vote."

Sophia Albov, Director of Natural Sciences and Mathematics, was satisfied with the decision.

"Luke made the position, so he's the most qualified," Albov said.

Robbie Abelon said he made the motion to appoint Luke Wood because he knew the board would not object.

"He created the position so he's the only one who really knows how it works," Abelon said. "People think that because he's the president's brother is why he's there, but it's just not the case. And it's funny that out of 29,000 students, no one else applied to the position."

Josh Wood confirms that Luke Wood was the only person on campus to apply for the position.

SUMMIT
Eating Disorders & Outreach Program

Presents

"Recovering From An Eating Disorder"
An Evening for Family, Friends & Loved Ones

Thursday February 24, 2005
6:00 p.m.—8:00 p.m.
Sacramento, CA

Dr. Tony Paulson, author of "Because I Feel Fat: Helping the Ones you Love Deal with An Eating Disorder" and Clinical Director of Summit Eating Disorders & Outreach Program, will explore the causes of eating disorders and what you can do to help your loved ones recover from these devastating disorders. After the presentation, appointments will be available for private consultations with clinicians.

This event is provided as a service to the community and is **free** to all participants. However, space is limited and advanced registration is required. For further information or to reserve your seat please visit us at www.sedop.org or contact us at (916) 920-5276 ext. 10.

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NAME: Cost of new identity to exceed $20,000

Continued from A1

The cost of the its name change is being privately funded and integrated over a two-year period.

Whitlatch said he also hopes that "non-state dollars" will be used for Sac State's name change.

The president's branding committee includes faculty, CSUS Foundation members, a student representative, business executives and well-known members of the community. Among the members are Stan Atkinson, former local news anchor; Loretta Walker, Head of SBC Public Affairs; Susan Gonzales, head of Comcast public affairs; and Karen Bakula, owner of a local public relations firm.

"This is a great time to do this," said Barbara O'Connor, head of the branding committee. "We knew it was time to examine our mission and settle on a identity."

O'Connor reported there were over 90 responses when they bid out the identity package.

"We got a lot of very different and creative ideas," said O'Connor of the presentations. "We are hoping to have a logo to take to the March 15 board of trustee meeting."

Some of the details that will be included in the identity package, according to O'Connor will be a tag line and a mark.

The tag line will be similar to a motto and the mark is the design of Sac State's name. They hope to have a firm chosen this week.

The cost of the identity package will be more than the $20,000 estimated to fund the name change, Whitlatch said.

Funding so far has been all foundation money, according to O'Connor.

"We've never had a solid identity package," Whitlatch said. "The big picture is that we want to build the reputation of the university so it can become the flagship the president has envisioned."

Cal State East Bay, is also finding new ways to promote its university. It immediately set up an Internet site, www.calstateeastbaynews.com, to educate the students and public on the change in an effort to "increase its visibility and expand fundraising capabilities."

Sac State's name change suffered some controversy, but Whitlatch said two independent polls surveyed over 8,000 students and community members to find out their preferences for the name change. Overwhelming, those surveyed approved the change to Sacramento State University.

The branding committee's work will not end with the decision on who will be awarded the contract.

"The committee will supervise the roll out," O'Connor said. "This has been a really fun project. It was great to hear from the people on the polls. It makes me even more proud of our university."

JEFF ANGROVE/STATE HORNET

The sign on J street is just one of the many features on campus that will have to be replaced with the new name change.

Women Needed As Ovum Donors

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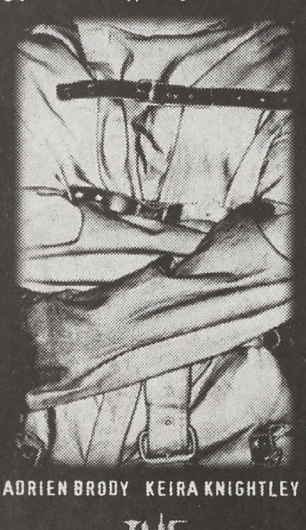

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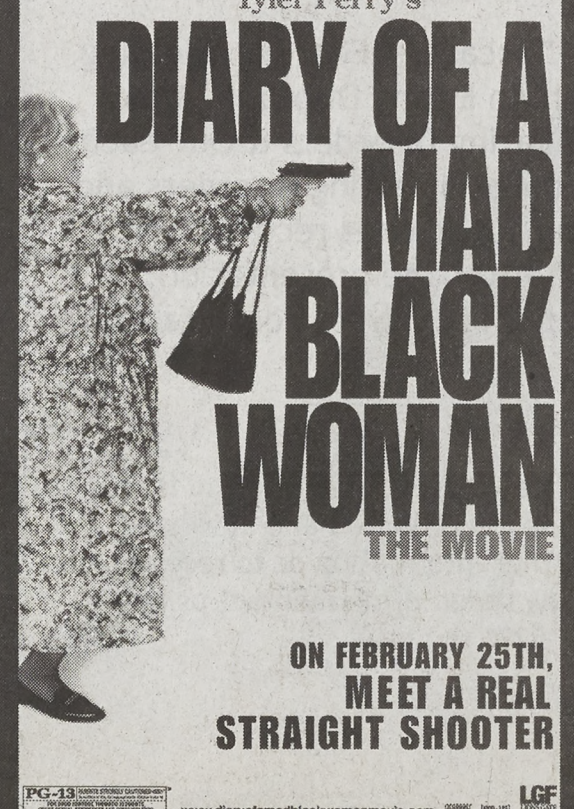

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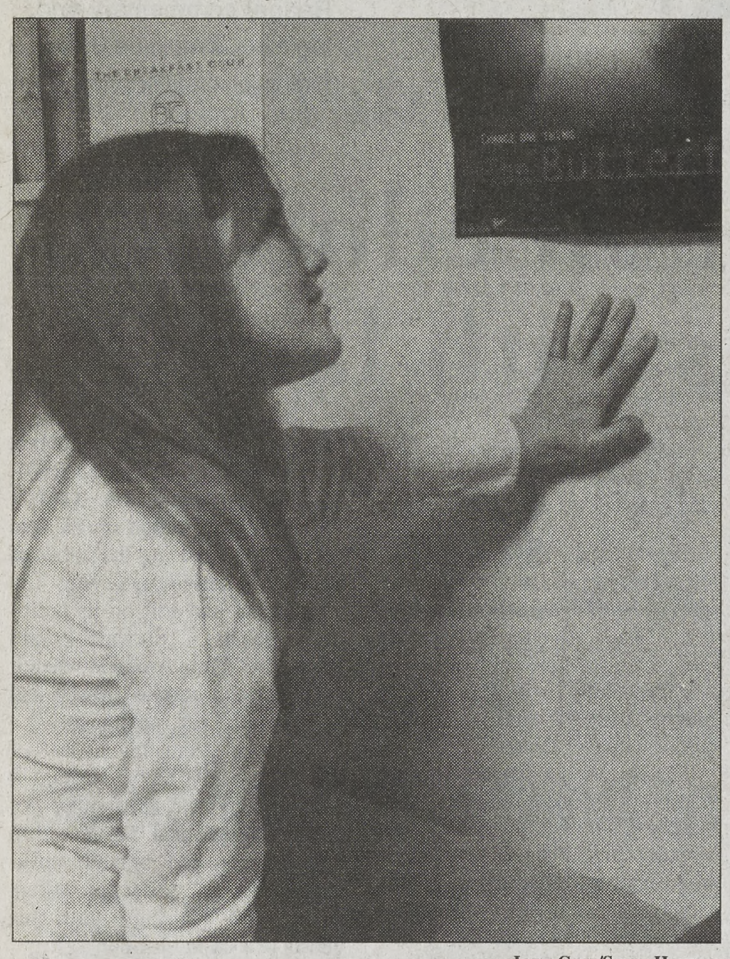

JOHN GRIX/STATE HORNET

Freshman Erin Stutz demonstrates the weakness of the walls in the dorms which "bows in a little more than an inch." Maintenance will inspect the dorms this week.

DORMS: Manager attributes cracks to normal settling

Continued from A1

meet all the current building codes.

Hopkins said that he received a work order some time ago and sent crews out to investigate the cracks in the walls. The crews reported that the cracks were small and not on load-bearing walls.

The interior walls in Sutter Hall are built with a wood frame covered by sheetrock, Hopkins said. It is the sheetrock that is bowing and not any structural members.

Hopkins also explained that buildings naturally settle and swell from time to time and this could very well be the reason for the cracks.

The crews suggested that the cracks were a result of the walls being pushed on or having furniture set against them.

Hopkins received another work order last week, and maintenance crews entered the dorms on Thursday to inspect the cracks again.

"If there is a safety hazard, we need to respond to that as soon as possible," Hopkins said.

Hopkins and maintenance crews are checking up on the matter this week. If they feel there is a problem, they will call in professionals and work to fix it.

PETITION: Staff seeks raises

Continued from A1

the Department of Anthropology, called this raise a "slap in the face" in a letter to California State University Chancellor Charles Reed dated Nov. 12, 2004.

There is the possibility of a 3.5 percent pay raise in the new state budget, but staff salaries will still be 8.8 percent below the increase given to social security if they get the full amount.

The staff has organized to fight for better pay. Since August of last year, a petition has been circulated, which as of last week had 242 signatures, 79 of which are from faculty who have no financial stake in the effort.

There have been two mailings to Reed, in September and November of last year, asking for help.

Joslin was invited to speak at the CSU board meeting on Jan. 26. She gave a six-minute speech detailing the staff's grievances to which she felt that several board members listened intently, but Reed ignored her.

This prompted her to send a letter last week to five state legislators in which she wrote, "Ignoring the needs of the staff in order to balance the CSU budget is akin to burning down the walls of a house in order to keep it warm."

Clara Potes-Fellow, spokesperson for the Chancellor's Office, said, "There is a process for salary raises that needs to be negotiated when the union negotiates with CSU."

She could not comment on whether Reed paid attention during Joslin's speech because she was not present, but said, "If the chancellor didn't pay attention, it is because that is not the proper vehicle for bringing up raises."

She claimed that the reason there have been no raises is that "the budget has not provided for salary increases in the past three years."

Any raises that have been awarded in that time were previously negotiated and bound by contract.

She also said that Reed is working with the state legislature to address the budget issue.

The problem, however, is an old one.

Suzanne Abshire, an assistant to the Computer Engineering Department, has worked for the CSU system for 18 years. In that time, she has received a total of $8.70 in raises, or 48 cents per year.

Joslin fears for the future of the CSU system. Without any incentive to keep trained people on the job, she feels that students will suffer and the system will fail.

Faculty honors promising students

KAREN WATSON
State Hornet

"It's incredibly moving to hear from the students ... It reminds us why we have become teachers."

Cristy Jensen
Faculty Senate chairwoman

Award winners of the 2004 Merit Scholarships given by the Faculty Senate for outstanding achievement in academics and community service are being honored at a reception in the Hinde Auditorium Thursday at 4 p.m.

The winners are Samantha Hilber, Sheena Murray, Sheila Bumgarner and Kristen Sweet who will receive the equivalent to registration fees for this semester. This scholarship is funded by Sacramento State faculty members who are responsible for sponsoring the nominees.

"This is an opportunity for us to give back to the students," said Cristy Jensen, Faculty Senate chairwoman. "These students have really pushed themselves and overcome a lot."

The faculty sponsors will introduce the winners who will then give a small speech.

"It's incredibly moving to hear from the students," Jensen said. "We are so proud. It reminds us why we have become teachers."

Sweet, one of the recipients, is in the master's of social work program. For two years she volunteered in Ecuador with the Peace Corp and is now a volunteer with the Foster Youth Services program. Her goal is to become a licensed clinical social worker.

"I am so humbled to receive this award," Sweet said.

Murray is pursuing a double major in economics and government, working on earning her master's degree. Working her way through college, Murray is active in the College Democrats and is on the board for the Sacramento National Organization of Women.

Coaching the Special Olympics soccer team is just one of Hilber's extracurricular activities. The senior biology major also serves as a student orientation leader and plays in the marching band. Her goal is to earn a graduate degree and plans to study animal behavior.

Bumgarner gives back to her community by volunteering with Safe Quest, an outreach program at the Solano County Jail and with the county's Youth and Family Services. She is working on her master's degree in social work.

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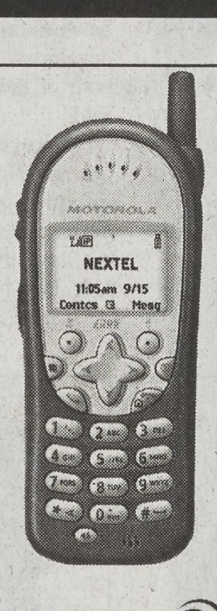

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STATE HORNET EDITORIAL

Give Them a Break

When Ben Franklin said, "An ounce of prevention is worth a pound of cure," he might have had the high cost of employee attrition in mind.

Advertising for new employees and retraining those new workers adds significant expense to a workplace trying to recover from the departure of a key employee. Most personnel managers estimate that the cost of replacing an employee can be upwards of 150-200 percent of their annual salary!

According to an article on the Northeast Human Resources Association's Web site it can take as long as six months before a newly hired employee can reach the level of productivity of the previous employee. Simply translated, it's cost-prohibitive for any workplace to suffer from high attrition.

This week we reported that many of our Sac State support staff, members of the California State University Employees Union, were "ready to walk off the job." Their main complaint–they had not seen an increase in their pay since July 2002. That 1.5 percent raise barely kept pace with inflation for that year and subsequently they now have less buying power as a result of inflation since then.

We realize that it's budget time in California and everybody has their hand out for their share of the pie, but is it too much to ask the State to take care of the support people who make this university run? The cost of replacing these people who will surely try their hand out in the public sector will far outweigh the cost of hiring and retraining scores of new employees.

Let's not fall into that vacant corporate mindset of the private sector where turnover is viewed as the cost of doing business. We employ real human beings, and while we are beholden by fiscal responsibility, we are also beholden to do what's best for the moral health of our system.

With that in mind, we appeal to CSU Chancellor Charles Reed to do what is right not just for the employees, but for the financial health of our university system–give these people the raise they deserve.

Daily Show educates students with laughs

ANDREW STEWART

The fact of the matter is that most college students don't care about politics, but Jon Stewart and "The Daily Show" on Comedy Central are trying to change that through the use of quick-witted comedy.

However, what kind of influence does the show really have on college-aged voters?

The show that has been gaining more popularity as of late has a huge potential to influence political views of the masses. Stewart, who took over hosting the show in 1999, seems to have a knack for finding the issues that really deserve to be laughed at.

He tears these apart on national television; who wouldn't love that?

Matt Roberts, a government major who will be graduating this semester, is a fan of Stewart's political satire. He feels that since the material is introduced in such a humorous way, it is much easier for college students not only to understand things happening in politics, but also to care about politics in general.

"The show's dang funny," Roberts said. "It finds ridiculous things in political life and makes fun of it."

Since college-aged people have the worst numbers for voter turnout, Roberts feels that when you can find an effective medium to relay political messages to that group, it becomes an effective way of getting them involved and tapping this otherwise-unused resource for votes.

Republicans and democrats alike can enjoy the show; Roberts pointed out that it efficiently makes fun of both sides, ensuring not to leave anyone out who has earned a good place in fake news.

"The show is nonpartisan in nature," Roberts said. "It makes fun of whoever deserves it."

Kylie Webb, a sophomore communications major, also watches "The Daily Show" occasionally and likes to watch its investigative journalism segments, which consist of news correspondents interviewing people while aiming to make them look ridiculous.

She agrees that the show is a powerful tool in the political world, but thinks there is more of a political bias on the show.

"The approach to politics is what draws in college students," Webb said."But I feel it's quite liberal; but what isn't on television?"

Some people argue, like Webb, that the show oftentimes displays a more liberal side, making fun of republicans more than democrats. Stewart has confessed that he doesn't care who is in office, because whoever is will continue to provide all the material he needs to make fun of them.

During the segment "Indecision 2004," where the show critiqued John Kerry and George W. Bush, both candidates were under fire constantly.

Stewart tends to use his position not only to make fun of political life, but also to bring to the attention of all viewers the responsibility and problems that America faces in politics. On Oct. 15, 2004, Stewart appeared on CNN's "Crossfire" and stood up for true democracy, accusing the show of hurting America by being too complacent and soft on its political guests. Stewart said "Crossfire" hurts America when it questions the actions of political leaders with "partisan hackery."

Another interesting aspect of the "The Daily Show" is that it continues to host appearances of prominent political figures from both parties and outside influences. Stewart discusses current issues and ideology with his guests in a casual format.

Some of his more popular guests have been John Kerry, Paul O'Neil, Anderson Cooper, Tom Brokaw, Joe Lieberman and Jim Wallis. Some of the interviews were humorous, but the majority were really trying to get to the heart of political issues.

Ultimately, I believe the show is a great way of getting college students involved in the political world.

The show does not tell you whom to vote for or even attempt to influence your vote; it just helps to make voters more aware of the issues at stake and the responsibility we all have.

The half-hour show runs Monday through Thursday at 11 p.m.; and for those of you who can't stay up that late, the previous day's show can be seen at 7 p.m. on Comedy Central.

Contact Andrew at opinion@statehornet.com

LETTERS TO THE EDITOR

Student success tops ASI's goals

As the re-appointed Vice President of Academic Affairs I would like to thank the Board of Directors of Associated Students Inc. for their unanimous support of my holding office.

As students at Sacramento State we are confronted with many important issues that await us this semester. Our government will tackle issues that are aimed to improve the success of students at Sac State both inside and outside the classroom.

My office's piece of the puzzle will be to provide more information to students at Sac State regarding retention/graduation issues, in order to more effectively communicate how the epidemic of student success faces us this oncoming year.

Like always, this spring 2005 will unfortunately show us that students are continually not prepared for academic success at Sac State.

As in years past, we will see our friends drop out, or be forced out of attaining their higher education.

Seniors will look back and say, "What happened to ___?" Sadly, this is a reality that we must face. But there are ways to positively impact this issue. .

Malcolm X said, "Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

Luke Wood
Vice President of Academic Affairs
Associated Students Inc.

Send Us Your Views

Send letters to the editor to opinion@statehornet.com, including your full name phone number.

Re: 'WTF's up with IM grammar'

Hi, Referring to Blake Ellington's forum on Feb. 02 "WTF's up with IM grammar"

I would like to point out that I write for The Star, a national daily in Malaysia. Not Toronto Star.

Cheers,
Eng Hock

City growth could mean massive headaches

BLAKE ELLINGTON

According to demographers, the Sacramento region will see a population increase of 1.7 million people by the year 2050. Coinciding with this will be an addition of 1 million new jobs and approximately 100,000 new homes.

Some may find this booming migration economically positive, but it could have devastating effects if construction of new subdivisions and businesses are not built properly.

Everyone knows that Sacramento State is a commuter school. I do wish I could live closer to campus and not have to deal with the gridlock traffic reminiscent of a scene in the movie "Office Space."

The idea of smart growth would help alleviate commuter traffic problems such as these, as well as providing protection of open land, renovation of unused property, building up instead of out and a cleaner environment.

The Sacramento region has to tackle the traffic problem. This is because we live in "pod" communities where there are residential, commercial and industrial pods.

This creates longer commutes and ever since the 1920s, when the automobile industry started to take off, Americans have become increasingly dependent upon their cars.

Sacramento does have a pretty dependable public transportation system. The Sacramento Regional Transit District has a 20 year plan in which the light rail system will extend to Prairie City Road in Folsom, to Elk Grove and past Douglas Boulevard in Roseville.

I know many people are reluctant to hop on that L train due to fear of not coming out in one piece at their final destination. However, with the increase in population, greater utilization of public transportation may become very necessary in the near future, and plus they do have security cameras on board now.

Sac State is doing the most it can to help forward the effort of a "smart" future. In the fall of 2005, a new graduate program focusing on urban land development will become available. The departments of organizational behavior and environment, along with public policy and administration, will support the degree.

Real estate and land use professor Jaime Alvayay and public policy and administration professor Rob Wassmer are two of the key figures responsible for creating the degree program.

"The Sacramento Region will grow, and the mantra is that it must grow smartly; potential and current developers recognize this, and they have expressed strong interest in graduate learning that would help them accomplish it," said Wassmer in an interview with the Sac State office of public affairs.

The problem that faces much urban development in the country is the competition between the public and private sector. When you have developers that want to maximize profit, conflict arises with the community and local officials who are concerned with the quality and stability of the zones.

"This program will provide a balance between the public and private sector so that the developers and government officials can bring both of their opinions to the table," Wassmer said.

A program such as this, which is the only one in Northern California, will help put informed professionals into the field of urban development and help correct the congestion we have that is already bad enough to make L.A. look bad.

Is this supposed to mean bad enough to make L.A. look good?

In terms of L.A., I am completely opposed to ending up with the "urban lock jaw" that is occurring down there. They are so crowded that there is no open space to get a breath of air (which is highly polluted, anyway).

That situation does not discourage me from welcoming the 1.7 million people that will be accumulating in our region over the next 40 to 50 years, however. It could help generate a lot of revenue in the form of larger corporations settling their base operations here or possibly another sports franchise. With the help of graduate programs such as these, as well as cooperation among local organizations, our area could become a model for other cities.

The Sacramento Area Council of Government or SACOG is the organization responsible for most of the developmental projects in the region. SACOG recently introduced a blueprint scenario for the region in the year 2050.

According to SACOG's regional newspaper, the blueprint envisions a living environment that would consist of small-lot neighborhoods, more effective public transportation and village town centers that would include neighborhood stores with housing built above them. All of these principles center on the main goal of reducing commute time.

Cities such as Portland, Boston and New York have all used smart growth principles when preparing for large population increases. New York has mastered the idea of building up instead of out, all while becoming more dependent on its public transportation systems.

For Sacramento to become more prosperous and accommodating, the citizens need to support better urban land development and ignore the "automobile first" ideology of most west coast cities.

Contact Blake Ellington at opinion@statehornet.com

CAMPUS QUOTES

What influential black person has inspired you in your lifetime.

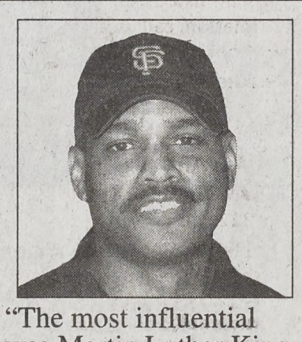
COMPILED AND PHOTOGRAPHY BY CARRIE ESPIRITU/STATE HORNET

"... Oprah Winfrey because she sets a good example by using her immense power in a positive way"

Kelly Pederson
Gov't/Journalism
Senior

"There was a teacher I had in junior college who opened minds; in fact, he got everyone thinking about the ignorance of racism."

Kerti Patel
Humanities
Senior



"The most influential was Martin Luther King because he practiced non-violence."

William Bennett
Media Comms.
Senior

"My dad, Brian Senior, shared with me his perspective and taught me what it's like to be black."

Brian Anderson Jr.
Government
Junior

"'Freak Nasty' was my old high school football coach in Alameda. Whenever I go to my hometown ... he's a steadfast mentor."

Schyler Baker
Journalism
Freshman

OMNBUDSMAN COLUMN

New State Hornet staff position aims to aid readers

ANDY JENSEN
State Hornet Omnbudsman

Ombudsman: Somebody responsible for investigating and resolving complaints from consumers or other members of the public against a company, institution or other organization.

Wow, that's a heady title straight out of the dictionary. The word is Swedish in origin, being the first to implement an ombudsman for oversight of their government.

I prefer to think of myself as more of a mediator between readers and The State Hornet. And those of you paying attention might wonder why a middleman is necessary when communicating with the editorial staff.

The reason is simple; readers need an advocate. Someone they can turn to when they are upset or just don't understand something.

Journalists can be a defensive bunch; it goes with the territory when your work is published and the bulk of the feedback is criticism. An ombudsman is someone who knows and understands how a newsroom works but doesn't answer to the editorial board.

In 1982 the Organization of Newspaper Ombudsmen set its straightforward policy of duties: to represent readers with complaints, compliments, questions and suggestions; to investigate those complaints and recommend action if necessary; to serve as an in-house critic; to write publicly concerning the newspaper's policies and operations; and to defend the newspaper when warranted.

The qualitative reasoning for an ombudsman was evident. The New York Times in mid-July 2003 when its eyes were blackened by the Jayson Blair fiasco. Blair admitted to falsifying interviews and datelines, and repeatedly plagiarizing other journalists' stories. Two editors resigned as the Times scrambled to save face, eventually hiring a "public editor" in an attempt to regain its readers' trust.

It would be presumptuous to assume that an ombudsman could have saved the Times from Blair, but the position could have saved the paper from itself. An internal watchdog with the necessary access may have spotted the warning signs in a newsroom that many considered something of a pressure cooker.

You may be wondering who I am and why I'm qualified for this position of watchdog. As a journalist, I have held nearly every position at a newspaper from the rookie in the reporter pool to editor in chief. I spent the past year working for The State Hornet as an editor in the news department.

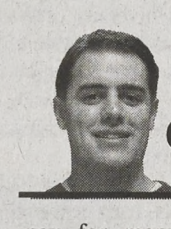
As with any newspaper, human resources are a premium asset, and reporters are seldom available to report on their own organization, regardless of the nature of the reporting. I hope to begin treating that wound, but I'll need your help.

I need to know what you think about the paper, what it's doing right, what it's doing wrong and what you don't understand. Without your input, I can't help The State Hornet become a better publication. And there it is: the real reason that a newspaper needs an ombudsman. To become a better publication, The Hornet needs to know what needs fixing, in your eyes, as well as its own.

So I want to hear from you – good, bad or indifferent.

Contact Andy Jensen at omnbudsman@statehornet.com

Prisoners made that chair you're sitting in



SEAN CANTONESE

Like it or not, if you are affiliated with Sacramento State, you are a beneficiary of prison labor.

I'm not referring to the Chinese prisoner that made your Wal-Mart jeans or the Sri Lankan that made your Victoria's Secret bra. I'm referring to a fellow Californian.

State prisoners built the desks you use in classrooms. They built the comfy chairs you use for naps in the University Union and library. They even sewed the American flag that flies at the front of campus.

Last year, over $150 million in office furniture, clothing, agricultural goods and other products were made, shipped and sold to the state under the auspices of the Prison Industry Authority (PIA).

By law, every state agency, including Sac State, must come to the PIA first when it wants to acquire new furniture or other goods that the PIA can produce. If a state agency wants to use a different source, it must run a bureaucratic gauntlet of waivers and memos for permission.

These rules give the PIA a virtual monopoly when it comes to providing its products to the huge market of state-run universities, offices and agencies. As a result of its monopoly, the PIA can get away with charging up to three times the normal retail value for its goods. A quick look at its catalog (available online at pia.ca.gov) reveals that a simple office chair costs $152, whereas a comparable model at Staples costs just $43.

But why the extra cost? Is the PIA paying too much for its laborers? Hardly. Prisoners who work under the PIA's programs receive wages between 30 and 95 cents per hour. This wage is further reduced if an inmate has a monetary judgment against him, leading to a net wage as low as 20 cents per hour. This meager wage must pay for many of an inmate's necessities, such as toothpaste, soap and other hygiene products. Thus, while prisoners are not forced to work for the PIA, many have little economic choice.

Given these conditions, where does this leave students and where does this leave our state?

Our moral obligation as a state lies in devoting resources to the rehabilitation of prisoners rather than focusing on prison's punitive aspects. Some of the PIA's programs are indeed helpful in giving its inmates useful skills for reintegrating into California's populace upon release, but we need to watch this system carefully and raise the public's awareness of it.

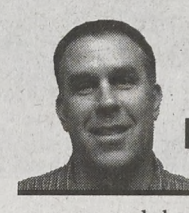
With regard to the prices that the PIA charges state agencies, the PIA board needs to reassess the wages it pays to inmates and operate on a strict not-for-profit basis.

Our duties as the beneficiaries of PIA inmate labor are both to be aware of the inmates' plights and to advocate for their successful rehabilitation. This includes not only simple awareness, but also means fostering an open discussion and inspection of our criminal justice system as a whole. Is our system more punitive than rehabilitative? Is 20 cents per hour a fair wage? Is it right to force state agencies to buy from PIA if they could save money by buying elsewhere?

How we as a society answer these questions will shape the future of our state prisons and the people incarcerated there. Such a discussion is important and necessary, and it's our job to start it.

Contact Sean at opinion@statehornet.com

Land Park lawyers have right to protest



ART BALLARD

U.S. Constitution: The First Amendment:

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances."

Last week a controversy erupted in Land Park over the display of an American soldier effigy with a crumpled American flag as his head and a noose around his neck. Accompanying the display was a sign that read, "Your tax dollars at work."

In an article in Thursday's Sacramento Bee, Steven Pearcy called his display "political protest art" meant to convey, "the troops are being hung out to dry and billions of taxpayer dollars are being spent to send Americans over to Iraq to die."

The event has made national news as people have stood outside in protest and others in support of the display. Last Wednesday two people trespassed on the property and removed the display entirely.

That people are so emotional and up in arms over this has left me completely baffled. This is a free speech issue and some people are treating the owners of this house as if they are treasonous Benedict Arnolds who should be charged with a hate crime.

Either we have free speech or we don't. The Constitution says we do, as evidenced by the numerous court cases upholding the First Amendment – so the display should be allowed to stand as it is. You cannot pick and choose your free speech as some against the effigy would have you believe.

Free speech has the potential to become an equal opportunity offender (and it has many times), but for the sake of an open society, we must accept the offense as much as we revel in an idea that we agree with.

I was listening to KFBK radio on Friday as they took calls on the issue. One caller described the display as seditious, which is ridiculous since any laws about sedition have proven counteractive to the First Amendment. Free speech such as this is not sedition.

I don't think the Pearcy's were advocating the overthrow of our government or intending to bring harm to anyone. The argument could be made that those with loved ones in Iraq might suffer from some emotional injustice, but to be fair, their loved ones are in Iraq supposedly fighting so the Iraqis can have these same rights.

I was pleasantly surprised to hear the effigy was displayed for a second time this past weekend.

It made me respect the Pearcy's that much more, as people of principle who aren't afraid to stand up for what they believe regardless of the consequences.

Before you label me as insensitive to the soldiers in Iraq, please understand that I think there are more sensitive ways to protest the war. Were I to stage a protest at my home (and I just might), I would most likely do it differently. But that doesn't take away the Pearcys' right to express themselves in any way they see fit.

Surely, judging by the controversy generated we cannot second-guess their methods.

People have taken notice.

Contact Art at opinion@statehornet.com

N.Y. radio's tsunami mocking in bad taste

CARRIE ESPIRITU

When people open their mouths without thinking it often backfires, leaving some of us to wonder, "What were they thinking?"

But when someone crosses the inscrutable line of propriety, consequently devastating the reputation of his or her employer, the question becomes, "How should they handle it?"

Is it free expression or unforgivable conduct?

On Jan. 18, Tarsha Nicole Jones from WQHT Hot 97 in New York and her crew aired a parody song mocking dead tsunami victims.

One of the show's members, Miss Info, a Korean-American, denounced the song on air and was criticized by others for "always trying to be different" and "thinking she was better because she was Asian."

Ironically, the song went to the melody of "We Are the World," a charity anthem that raised millions of dollars for famished children in Africa during the mid-1980s.

The chorus said, "So now you're screwed. It's the tsunami. You better run and kiss your ass away, go find your mommy. I just saw her float by. A tree went through her head. And now your children will be sold, child slavery."

Shock value galore!

If ratings were the goal, it's certainly mission accomplished by now.

The station posted an apology on its Web site, and each member of the morning crew agreed to donate a week's pay to the tsunami relief effort.

Jones issued an on-air apology, saying, "I apologize to all who have been offended by my poor decision to go along with playing that insulting tsunami song. ..."

Sounds like an attempt at salvaging a wrecked career in my opinion; but yes, she was right about our deserving better radio.

The station fired Rick Delgado, the producer of the song who also wrote some of the lyrics, and comedian-host Todd Lynn. Jones was suspended.

"Lawfully, she should be able to say it," said DJ Lace, who hosts a weekend morning show on 103.5 FM, a hip-hop radio station in Sacramento. "I don't think Miss Jones should be fired just because what she said is offensive. I think she should be reprimanded, but I don't think she deserves to get fired because it's free speech."

Amber Foreman, a 22-year-old graphic design major, said, "People have a right to say what they want, but using racial slurs is very insensitive. That would be like another country making a song about 9/11, and it's not right."

Asian Media Watch, a nonprofit grassroots organization, insists that Hot 97 fire Jones and adopt "permanent diversity and sensitivity training programs" for its employees.

I don't know, maybe that's going too far. What about Howard Stern? I enjoy his show, and I hardly find him sensitive, but somehow, I find the tsunami song vastly different.

Ultimately, it's up to the employer to decide your fate when your actions damage the company's reputation.

While Jones sits in the shadow of the station, waiting for the smoke to clear, thousands of people are rummaging through scattered mementos, searching for missing family and grieving hauntingly atop mass graves, as the death toll from the tsunami has grown to more than 295,000.

Contact carrie Espirito at opinion@statehornet.com

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Students to represent campus at tournament

ANTHONY GIOVANINI
State Hornet

Schools from around the country compete once a year in a four-on-four battle of wits known as College Bowl. Sacramento State will be sending a team of five students to represent it in the regional competition, which consists of 11 schools.

This year's College Bowl is to be held Feb. 18 to 20 at California State University, Fullerton.

College Bowl is a competition consisting of buzzing in answers to questions from a variety of subjects, such as math, history, pop culture and sports. The competition's concept is spun-off of a 1960s game show entitled "College Bowl."

Teams are allowed to have five students, but only four play at a time. Sac State representatives will be Adam Sweet, a senior in history, Kris Goldstein, a junior in government, Alaric Smith, a molecular biology graduate student, Richard Zeunges, a junior in history and team captain Steve Nixon, a physics senior.

The school has been participating in the competition for the last four years and each year has done increasingly better.

"Our goal is to improve upon our standings, last year we only lost to Stanford and USC by one question each," said Smith, who ranked ninth last year in scoring at the regional competition.

The first year Sac State competed in College Bowl it were placed ninth overall; the second year, seventh; and the third year, fifth and this year it is aiming higher.

"We're on a mission," said Zeunges, who's a first-year participant in the College Bowl.

The individuals on the College Bowl team will receive free transportation, room and board for the competition.

"I hope my years of watching Jeopardy will pay off," Goldstein said.

ANDREW NIXON/STATE HORNET

Steve Nixon, captain of the College Bowl team and a State Hornet staff member, hands ties, part of the uniform, to Richard Zeuges and Adam Sweet.

This week the University Union's Program Department announced it contracted Ken Jennings, the record-setting Jeopardy contestant, who appeared on 75 shows and won $2,520,700, to come to Sac State on April 15.

He will compete in a Jeopardy-type competition where he will face off against a student and a faculty member.

"The student will be one of the people from (the College Bowl) team," said Richard Schiffers, associate director of the Union.

The student who gains the highest amount of points in the regional College Bowl will gain the right to challenge Jennings.

"Beating Ken Jennings in Jeopardy would definitely be a great birthday present," Smith said, whose birthday is around the recently-scheduled event.

The five students to represent Sac State at the regional tournament were chosen during a competition on campus composed of 72 students.

"Our school had 15 teams competing; most schools get five or six," Schiffers said.

Out of those teams, an all-star-type team was composed of the players who performed the best individually.

Each year that the school has run the preliminary competition at Sac State, the number of students participating has increased.

"I interacted with faculty to get their students to come participate," said Schiffers, who has been in charge of helping Sac State run the College Bowl proceedings for all four years.

These five students have the opportunity to go to the national competition this April, held at the University of Washington in Seattle. The competition will consist of 16 teams who are the winners of their regional competitions.

"It's all been a learning experience so far," said Goldstein in regards to the College Bowl warm up matches.

The team had a scrimmage with UC Davis on Thursday. Sac State beat UC Davis last year in the regional competition and this year they plan on doing it again.

"They keep on beating us in footbal;, we've got to beat them in something," Smith said.

EMERGENCY: Chairs assist disabled students

Continued from A1

Students with Disabilities, said students are not formally trained on emergency procedures. She said students are encouraged to check the SSWD Web site (www.csus.edu/sswd/sswd.htm) to prepare themselves in case an emergency occurs.

The Web site instructs students to speak with their instructors early in the semester to make them aware of any special needs they may have during an emergency and to establish relationships with other students in the class who can help them during evacuations.

The Web site includes other instructions, such as know where all of the exits are, be familiar with the alarm signals and avoid the use of elevators.

Don Tucker, the associate director of operations for the University Union, said, "As you probably know, if the fire alarms sounds, everyone is advised not to use the elevator."

This is where the problem is created for disabled students.

"The emergency assist buttons should be pretty easy to locate. Once you know what to look for, you'll start seeing them everywhere."

Don Tucker
Associate director of operations
for the University Union

Tucker said there are predetermined areas, called rescue assist stations, located throughout the building, where anyone who needs assistance during an emergency can go and wait for emergency workers to arrive.

The spaces are marked on the wall by a silver plate and a black button with the words "In case of emergency …" written above them. There are 10 such locations in the University Union.

Tucker said, "Anyone can press the button if they need assistance. It connects them directly to public safety and allows them to speak with an officer." The officers are also able to locate where the signal is coming from as soon as the button is pressed, Tucker said.

He said that for students in wheelchairs, there is also an assist chair that allows rescuers to more readily take the student down the stairs during an emergency.

The chair just arrived last week and there will be staff training later this month on how to use it properly, Tucker said.

"The emergency assist buttons should be pretty easy to locate. Once you know what to look for, you'll start seeing them everywhere," Tucker said.

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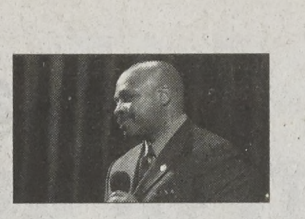


CARTER COACHES

Ken Carter delivers an inspirational speech to the campus community.

The State Hornet | February 16, 2005 | Issue 18

Buzzer beater and buzzer beaten

Jason Harris' overtime bucket lifts Jenkins-less Hornets over Idaho State

ONLINE

Sac State high-flyer Jameel Pugh to compete with the nation's best collegiate dunkers.

Game stories for both men's and women's hoops weekend games.

statehornet.com

JIMMY SPENCER
State Hornet

Jerome Jenkins sat in his hotel room in Pocatello, Idaho, on Saturday night, listening to the radio as his Hornets defeated Idaho State on Jason Harris' overtime buzzer-beating layup.

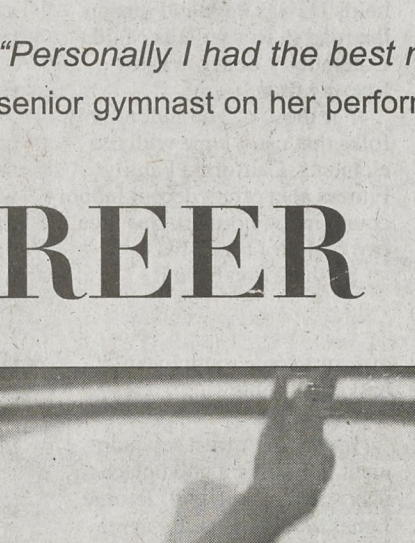
The men's basketball head coach was suspended two nights prior for his actions and comments following a controversial last-second layup in a loss to Weber State.

When Jameel Pugh's full-court outlet pass found Jason Harris for a game-winning layup just before the buzzer in overtime, Jenkins ran out to the hotel parking lot and screamed as loud as he could.

"I was running through the lobby of the hotel and everyone just understood," Jenkins said. "People in Pocatello were actually happy for me."

Jenkins said he received calls on his cell phone from different

MEN: Page B3



Senior guard Tyeisha Brown, right, led the Hornets with 20 points Saturday in a 59-53 overtime loss to Idaho State. The Hornets also lost to Weber State on Thursday.

JOSEPH MONTALVO/ STATE HORNET

Two home losses set women back in conference tournament chase

STEVE NIXON
State Hornet

For the first time in eight years, the Sacramento State women's basketball team is in contention for a spot in the postseason.

However, after sweeping a pair of games on the road for the first time ever, against Eastern Washington on Feb. 3 and Portland State on Feb. 5, the Hornets postseason hopes took a hit this weekend with a pair of losses to Weber State and Idaho State.

Sac State has already shown incredible growth this year, so far proving wrong both the pre-season media poll that had them ranked last in the conference and the coaches poll that placed them ahead of just Portland State.

Despite the recent losses, the team remains upbeat and focused on getting to the tournament.

"Our goal all along has been to make the playoffs, and it's still our goal," junior forward Lindsey Heard said after the Hornets were blown out at home by Weber State, 74-40. "Like our coach told us, if you lose by one or if you lose by 30, it's still the same thing.

"But we know we can beat any

HOOPS: Page B3

MATT SWANSON/STATE HORNET

Utility back Mathew Foster tries to escape a tackle last Friday against No. 1 California.

Cal wins top-ranked showdown

JOSH OATES
State Hornet

The Sacramento State rugby team was unable to keep up with the defending national champion California, 60-5, Friday at the recreation fields.

The Hornets (6-2) lost for the second consecutive weekend after starting the season with six consecutive wins.

From the opening kick, Cal was able to keep the pressure on the Hornets and create big plays. The Hornets tried to answer the Cal attack, but they were unsuccessful in putting points on the board until the game was out of reach.

When the Hornets seemed to have an attack mounting, the Cal defense stepped up and made a play. When the final whistle blew, Cal had scored 60 points or more for the fifth consecutive match and for the sixth time this season and the Hornets were held to their lowest point total of the season, five. Hornet co-captain Anthony Burr said, "Turnovers weren't too bad, they just capitalized on our mistakes."

The Hornets hope to remain a top-15 team after their second consecutive loss to a higher ranked opponent. Hornet co-captain Lucas Edwards said, "They were better skilled and played more fluid. We are getting better and we still have a real good shot at nationals."

California is currently ranked second in the nation behind Air Force. They have held every one of their opponents to 11 or fewer points with three shutouts. The Hornets were able to put five points on the board, but the experience and speed of California set the two teams apart.

Defending the home field will be key the next few weeks if the Hornets hope to make a push toward the national tournament. Sac State will have three consecutive home games including one against rival Davis.

This week, the Hornets play Southern Oregon University.

When asked if a turnaround by the Hornets should be expected in the following weeks, Burr said, "No doubt."

"Personally I had the best night of my life."

Jessica Hoffman, senior gymnast on her performance at last Friday's meet in Davis

CAREER NIGHT

CHRISTINA COWAN/STATE HORNET

Junior Jessica Hoffman performs a floor routine at last Friday night's meet at UC Davis. Hoffman won the event with a 9.850 and the Hornets won the meet with a total score of 192.925.

Hornets beat Aggies; Jessica Hoffman sets career-highs in Davis

BRAD ALEXANDER
State Hornet

UC Davis posted its highest team score of the season, but Jessica Hoffman was all Sacramento State needed in Friday night's gymnastics meet at the Pavilion.

After falling on the first run of the night against the Aggies, Sac State got back up and took control.

Hoffman was able to pick the team back up and finish the meet with a career-high of 39.075 in the all-around and 9.850 on the floor exercise. Her performance nearly overshadowed Sac State's victory at Davis, 192.925-191.775.

Aside from the beginning fall the Hornets were soaring, setting season-record scores by the end of the night. Taking the top three spots in their first three rotations coach Kim Hughes' team hit a wall on their final rotation, the dreaded balance beam.

"It was a great meet up to beam," Hughes said. "This could have been our highest (team) score of the season."

Things seemed securely in the Hornets favor until the fourth rotation. Davis was given a chance to keep it close ending on the floor exercise, leaving Sac State to their only weakness – the beam.

"Its always hard ending on beam," Hoffman said. "But we got it together. Personally, I had the best night of my life."

Finishing in the top three in all four rotations, Hoffman won the floor exercise with a score of 9.850.

Hoffman and the Hornets' chance to pull off their first 194 score of the season literally fell on the beam.

Three of six routines had falls; freshman Melissa Genovese took

HOFFMAN: Page B3

Baseball loses three in home tourney

JOSH CADJI
State Hornet

The 2005 River City Classic is one Sac State baseball will soon hope to forget.

The River City Classic, a round-robin style tournament in its second year of existence, featured the colleges of Pacific, Davis, San Francisco and Saint Mary's.

The Hornets lost their finale to rival UC Davis, 5-2, capping a weekend of frustration for Sac State; Hornet baseball lost all three games of the tournament including games to St. Mary's and the University of San Francisco.

Coming off a 6-2 loss to Saint Mary's and a 12-1 drubbing by San Francisco, the Hornets needed a strong Sunday performance, especially against their Causeway nemesis.

Unfortunately for Sac State, it couldn't get anything going in its weekend finale, losing to the Aggies in disheartening fashion.

The Hornets were the first team to get on the board, taking a 1-0 lead in the fourth inning.

After Everet Rincon led the inning off with a single, first baseman Brian Blauser knocked in the Hornet shortstop from second base with a single up the middle.

Blauser, who went 1-for-3 on the day with a run, walk and RBI, is the offensive leader for the Hornets; he's batting .320 on the season with eight hits and five runs, both team-highs.

Even with Blauser's production, the Hornets struggled to score runs this weekend.

"We're just not stringing any hits together," Blauser said. "We get a lot of men on base, but today we couldn't get many of them home."

Davis came back from the one run deficit, however, just the next inning.

Daniel Descalso smoked a two-run, bases-loaded single up the middle to put the Aggies ahead, 2-1.

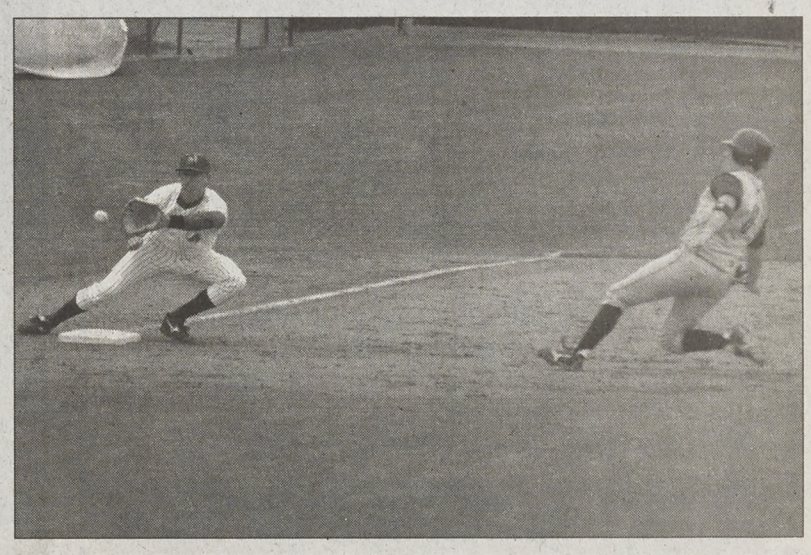
In the seventh inning, Taylor Watanabe moved two runners over with the bunt, setting the stage for Matt Wilson, who scored Blauser with an RBI groundout, tying the game at 2.

That'd be it for the Hornet offense, though, as the Aggies would pull ahead in the eighth inning after some costly errors.

Four Sac State fielding errors led to three Davis runs, none of which were batted in, making the score 5-2 after the eighth; the lead would hold true for the rest of the game, finishing a winless tournament for the Hornets.

A weekend full of missed scoring opportunities and mental and physical errors had Hornet head coach John Smith disappointed, but full of optimism and anticipation for next weekend's games.

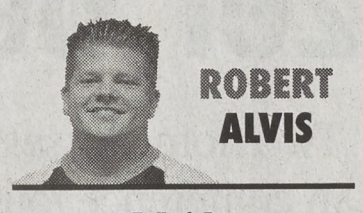
Sac State's next game at Hornet Field will be on Saturday against Saint Mary's at 2 p.m.



JAMIE GONZALES/STATE HORNET

UC Davis' Tyler LaTorre slides into third base while Sacramento State's Brian Conradi receives the pick-off throw Sunday. The Aggies won 5-2 in the final game of the 2005 River City Classic.

Best pick-up ball locales...



ROBERT ALVIS

Maidu

The Maidu Community Center used to feature the likes of Jason Williams and a young Matt Barnes.

Since J-Dub's departure to Memphis and Barnes going off to college and now playing with the Kings, the court has lost some of its luster.

Now it sits with nothing on it but the park lights most nights.

Back in the day it wouldn't have been out of sorts to see Williams dominate competition in the post. It was a break from his point guard duties and gave him a chance to school some youngsters and have fun posting, given that he is about 6-foot-2 and most park players run about 5-foot-11.

Maybe some of the current Kings could show up to work on their game.

Perhaps three points-a-night Kevin Martin.

Now the best games out in Roseville take place indoors at the Roseville Sports Center. Only problem with that is the $6 entrance fee.

For that kind of money, plan on staying for a while to get the most from your hard-earned dollar.

On the other side of town in Rancho Cordova there used to be some good ball too.

The Capital Christian Center used to offer late night basketball on the weekends to keep kids out of trouble.

Fridays and Saturdays, they would stay open until 2 a.m.

The games were tough.

If you didn't bring your game with you, there would be a large portion of the night to be spent on the sidelines, or getting clowned by players who believe handles are the most important parts of basketball.

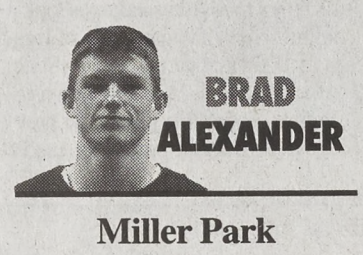
The courts were set up to reward winning.

To get in a good run, would mean to win about five or six straight games.

The level of players at Capital Christian was about the Roberto Yong level.

You might remember Roberto Yong from his brief stint on the And1 tour.

Basically players with enough moves it masks their inability to shoot the ball.



BRAD ALEXANDER

Miller Park

It may not be the best; but certainly, the most difficult court to score on in Sacramento.

Miller Park.

Nestled in the heart of Fair Oaks, Miller is an under-funded concrete court with dismal lights at night but the best competition in the greater.

Miller provides plenty of competition during the sunny California summers in a low-key suburban area.

Unfortunately, more often than not the competition is scarce.

On just the right summer weekend there is a four to five game wait around 3 p.m.

Although the park could use a working water fountain for parched ballers, it is a small sacrifice for hours of broken ankles, flawless jump shots and dunks-a-plenty.

However, here is a fair warning for any newcomers to Miller, if you can't rebound or drain everything you throw up then have mercy on your soul.

Miller attracts ballers of all sorts from the north Sac area; the dreaded double rims are infamous.

American River Canyon holds Davies Park and just up the road in Roseville is Maidu Community Center a short freeway drive away.

For those of you indoor only folks that can't cope with the elements, California Family Fitness also offers decent indoor courts in the northern Sac area, two on Fair Oaks Blvd.

So there you have it.

You have a choice between no room to sit or a roof too short to arc a three on.

Sounds like a sweet deal, huh?

Oh and here's a shout-out to all the people who think they've got enough game to lace 'em up and make it out to a pick up game, wherever it may be.

Clip those long, sharp fingernails!

Nothing worse than crossing up some rubber-ankled fool and having him swipe at your arm with some Freddy Krueger fingers as you take it to the rack.

That stuff stings.

Seriously.

MITCH MCLAUGHLIN

The ARC

I know many people at our school don't like this place, but late nights are a good place to find some pickup basketball here.

Where I am talking about?

UC Davis of course.

Late nights at the ARC are a great place to play.

Maybe some day we'll have a place like that.

Oh, wait, we will!

My buddies and I like to go over to the ARC at around 10 p.m. on Wednesdays and get a few games in.

They usually will leave the open gym available until midnight or maybe even 1 a.m.

It's a bored college student's dream!

There are usually some pretty good hoopers up there but like any pickup courts, make sure you choose who to "rough" up.

I have seen it more than a few times a couple of dudes try to get out of hand and start something over just some routine hard basketball fouls.

Crybabies.

If you don't trust my judgment in finding a good place to play some pickup ball, Jerome James would assuredly agree with me.

Well, I don't know if he would say that specifically, but the former King and current Seattle Supersonics center has been up there at times to play some pickup ball.

This was usually over the summer when he was off, but still it is pretty tough to guard a 7-foot-1 guy.

And then when he starts hitting 20-foot jumpers it is not a pretty sight.

But Davis is a good place to go play some ball, though.

Especially if you like playing indoors, don't mind driving up 20 minutes down Interstate 80 and staying up late to find somewhere to play.

What am I talking about?

All college students love to stay up late.

Just remember to bring your game with you when you go there.

If you don't, you may just be made a fool of.

By me.

Weekly Roundup

MEN'S HOOPS

NEXT: vs. Montana (12-11, 6-4), 7:05 p.m., Thursday, vs Montana State (13-10, 8-2), 7:05 p.m., Saturday

LAST WEEK:

Thursday's game

Weber State 57, Sac State 55

Top Scorers: **Sac**–J. Harris 11, Bausley 11, Freeman 10. **WSU**–Allred 24, Riggs 17.

Saturday's game

Sac State 99, Idaho State 97

Top Scorers: **Sac**–Pugh 24, J. Harris 21, Lange 20. **ISU**–Kinghorn 21, Rede 18.

Big Sky men's standings

	Conf.	Overall
Portland State	9-2	17-6
Montana State	8-2	13-10
Montana	6-4	12-11
Sac State	**5-6**	**9-15**
Eastern Washington	5-7	10-14
Weber State	4-6	7-16
Northern Arizona	3-8	10-14
Idaho State	3-8	9-15

WOMEN'S HOOPS

NEXT: @ Montana (15-6, 8-0), 6:05 p.m., Thursday, @ Montana State (7-14, 1-7), 6:05 p.m., Saturday

LAST WEEK:

Thursday's game

Weber State 74, Sac State 40

Top Scorers: **Sac**–Brown 11, Heard 11, Cherry 14. **WSU**–O'Neil 15, Hansen 13, Porter 9.

Saturday's game

Idaho State 59, Sac State 53

Top Scorers: **Sac**–Brown 20, Cadotte 14, Cherry 10. **PSU**–Hays 23, Brossman 18, Michaelson 13.

Big Sky women's standings

	Conf.	Overall
Montana	8-0	15-6
Weber State	7-2	16-6
Eastern Washington	6-2	14-7
Northern Arizona	5-4	14-8
Idaho State	4-5	9-13
Sac State	**3-6**	**7-15**
Montana State	1-7	7-14
Portland State	0-8	2-18

WOMEN'S TENNIS

NEXT: vs. Long Beach State (2-2), 10 a.m., Saturday vs. Hawai'i (1-3), 2 p.m., Saturday

LAST WEEK:

Thursday, No. 1 Stanford 5, Sac State 2

Saturday, Sac Sate 4, No. 66 Pacific 3

Singles:

#1–Mrazovic, UOP, def. **Karnaukhova, Sac,** 6-2, 0-6, 6-2

#2–**Erikson, Sac**, def. Heil, UOP, 6-4, 6-1.

#3–Kostenko, UOP, def. **Fessenko, Sac**, 6-7, 7-5 (10-5).

#4–Trumpf, UOP, def. **Petersson, Sac**, 4-6, 7-5 (10-8).

#5–**Karaveyeva, Sac**, def. Herrmann, UOP, 6-3, 6-4.

#6–**Helland, Sac**, def. Szendrei, UOP, 6-1, 6-0.

Doubles:

#1–**Karnaukhova/Karaveyeva** def. Mrazovic/Heil, 8-4

#2–**Erikson/Petersson** def. Kostenko/Szendrei, 8-2

#3–**Fessenko/Helland** def. Trumpf/Herrmann, 8-4

SOFTBALL

NEXT: @ Pacific (5-1), 1 p.m., Today

LAST WEEK:

Sunday

Arizona State 3, Sac State 2

Top Hitters: **Sac**–Coyne 1-3, 2 RBI, Ferguson 2-3. **ASU**–Cowles 1-3, 2 RBI.

W–Werschky (2-0)

L–Ferguson (3-1)

BASEBALL

NEXT: @ St. Mary's (1-5) 2 p.m., Friday, vs. St. Mary's (1-5), 1 p.m., Saturday, St. Mary's (1-5), 1 p.m., Sunday

TRACK&FIELD

NEXT: @ Holiday Inn Classic (Reno), Saturday

LAST WEEK:

Husky Classic (Seattle)

Top Sac State Performers:

Women

Thomas (7, long jump, 18-08.00)

Men

Nichols (4, shot put, 59-01.25, *sr)

BraParker (3, long jump, 24-05.50)

GYMNASTICS

NEXT: @ Arizona State/vs. Air Force (Tempe, Ariz.), 7 p.m., Friday.

LAST WEEK:

Friday @ UC Davis

Team standings:

1. Sac State 192.925

2. UC Davis 191.775

Event winners:

Bars–**Tsurumoto, Sac, 9.850**

Beam–**Genovese, Sac, 9.825**

Vault–**Zaher, Sac, 9.750**

Floor–**Hoffman, Sac, 9.850**

All-Around–**Hoffman, Sac, 39.075**

MEN'S TENNIS

NEXT: @ Fresno State (5-1), 2 p.m., Today.

LAST WEEK:

Saturday, Sac State 4, UC Davis 3

Singles:

#1–**Jones, Sac**, def. Chin, UCD, 6-4, 6-4.

#2–Fitch, UCD, def. **Hossein, Sac**, 6-2, 6-3.

#3–Elefant, UCD, def. **Morton, Sac**, 6-4, 6-4.

#4–**Perez, Sac**, def. Combs, UCD, 3-6, 7-6, 6-3*.

#5–**Foy, Sac**, def. Furman, UCD, 6-2, 6-2.

#6–**McMakin, UCD**, def. Thomsen, Sac, 6-1, 3-6, 6-4.

Doubles:

#1–Chin/Garcia def. **Hossein/Rydberg**, 8-5.

#2–**Jones/Farkas** def. Fitch/Bartels, 8-5.

#3–**Perez/Foy**, def. Combs/McMakin, 9-8.

**Clinched the meet for Sac State*

CLUB RUGBY

NEXT: vs. Southern Oregon, 1 p.m., Friday

LAST GAME:

Feb. 11

California 60, Sac State 5

Women's tennis beats UOP

HORNET STAFF

The Sacramento State women's tennis team downed Pacific at home Saturday, upping their record to 4-3 on the season.

Despite junior standout Margarita Karnaukhova's first singles loss of this young season, the team came away with a 4-3 win, serving the previously untouched Tigers their first loss.

At the pole position, Karnaukhova and Anna Karaveyeva dropped Vana Mrazovic and Katharina Heil, 8-4. At the two spot, Anna Erikson and freshman Klara Petersson burned Natalia Kostenko and Viktoria Szendrei 8-2. Roberta Fessenko and Cecilia Helland took out Katharina Trumpf and Anja Herrmann 8-4 at the three to complete the sweep.

Singles play had just begun before Hornet sophomore Cecilia Helland strode off the court, handling Viktoria Szendrei 6-1, 6-0 at the six spot and improving to 6-1 on the year.

Anna Karaveyeva would do the same at the five, ousting Herrmann 6-3, 6-4, which put the Hornets atop the team board, 3-0.

At the two, No. 61 ranked Anna Erikson spanked Heil 6-1, 6-4. The gutsy sophomore has been playing through a recurring hip flexor injury, although that didn't stop her from delivering her flying forehands.

It marked her first singles loss of the season, putting her at 6-1 on the year.

The Hornets will host a rare double-header this Sunday against Long Beach State in the morning match, then Hawaii that afternoon.

SPORTS BRIEFS

Rain cancels softball games in Arizona

The Sacramento State softball team had four-of-five games rained out this weekend at the Kajikawa Classic in Phoenix.

The Hornets were scheduled to play Tennessee-Chatanooga, No. 1 Arizona, defending champion and No. 3 UCLA and Buffalo in addition to tournament host Arizona State.

Four of the five games were cancelled because of a rain storm that swept through the Phoenix area over the weekend.

The Arizona State game was made up Sunday as the Hornets dropped a 3-2 contest to the Sun Devils.

Sac State struck first in the top of the third inning Erin Coyne double scoring Lindy Winkler and Lesley Mayhorn.

The Sun Devils came back in the bottom of the inning to score three unearned runs off of Hornet starting pitcher Brianne Ferguson.

Doubles from Mindy Cowles and Valerie Sevilla following a Hornet error scored three runs to lift Arizona State over the Hornets and keep them undefeated at 4-0.

The Hornets are now 5-3.

Sac State next travels to Stockton to take on No. 24 Pacific today at 1 p.m.

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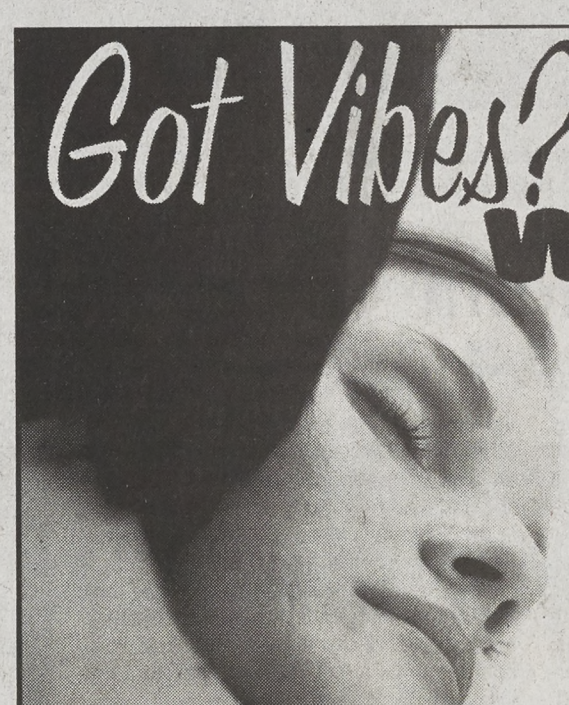

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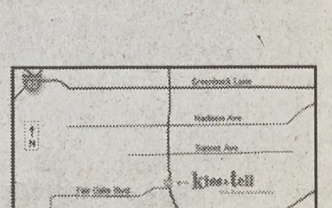

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Perez's ace saves day for tennis at UC Davis

ARMANDO BOTELLO II
State Hornet

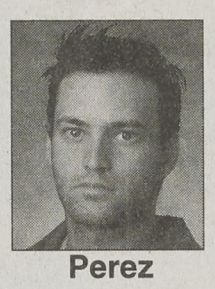
With a single swing of a racquet, four hours of intense competition ended with a game-winning ace served by Sacramento State's Ramon Perez.

The pressure was on for Perez at the Marya Welch Tennis Center at UC Davis on Saturday with the meet tied 3-3 and all eyes on him as he battled the Aggies' Jordan Combs.

"I like playing under pressure," Perez said.

The Cancun, Mexico, native had been defeated in his singles match last week in the Hornets loss against Cal Poly and had lost his first set against Combs 6-3, but came from behind and defeated him 3-6, 7-6, 6-3.

"He started playing really good, making me play how he wanted me to, but then I took advantage of him by going to the net," Perez said.


Perez

Perez going to the net gave the Hornets their first victory of the season making their record 1-1.

Third-year coach and two-time Big Sky Most Valuable Player Sherif Zaher was pleased with his teams' 4-3 victory over the Aggies.

"This was a great win coming off a tough loss," Zaher said. "The guys worked hard and they deserved their win."

Sac State started the day winning the doubles point 2-1.

In singles, Sac State's Matt Jones defeated Michael Chin 6-4, 6-4 at No.1 and Juniad Hossein fell at No.2 to Jayce Fitch 6-2, 6-3. UC Davis' Daniel Elefant won his match against Thomas Morton 6-4, 6-4 at No. 3. Warwick Foy had no problem with Daniel Furman as he cruised to victory 6-2, 6-2.

The match-up at No. 6 between Casey McMakin and Sac State freshman Micheal Thomsen ended with McMakin winning after a three set match 6-1, 3-6, 6-4.

The longest match of the day was at the No. 4 between Perez and Combs. As they battled on the court, shouts of, "Go Razor!" came from the Sac State team.

"He has come through time after time. He showed that he has a big heart," Zaher said.

The Hornets will face No. 54 Fresno State today in Fresno.

HOOPS: Team in 6th place

Continued from B1

team in our league, it's just a matter of putting it all together."

With five games left in the season, the Hornets (7-15, 3-6) are currently sitting in sixth place in the conference, ahead of both Montana State (7-14, 1-7) and Portland State (2-18, 0-8).

The Hornets have an advantage with three of those games at home, against Northern Arizona, Portland State and Eastern Washington. Of the two games on the road, against Montana and Montana State, Sac State has already beaten Montana State this season.

"We haven't really talked about tournament position yet," said Hornets coach Dan Muscatell. "Our goal is to get better every day, first.

"Then we want to win enough games to make it to the conference tournament, so that we have a chance to play for the big prize, the NCAA tournament."

"I know that I see this team get better on a daily basis."
Dan Muscatell
Head coach

The team already has more wins than in the previous four seasons combined, and at 3-5 in the conference, the team is only one win short of tying it's best Big Sky Conference record.

However, for some of the Hornets, it's still not enough.

"I'm never comfortable. I don't want to be right on the borderline. We need to go and get some more wins," said Tyeisha Brown, the team leader in scoring.

Brown averages 11 points per game.

Junior forward Ashley Cadotte, a transfer from Clackamas Community College, says that she is proud of the team's progress.

"Our team has a lot of fight," Cadotte said. "I don't think that losing is ever going to wear us down, it's only going to make us stronger and have a better game."

She also is confident that the team will make the playoffs

"I don't have any doubt that we are going to go to the playoffs," Cadotte said. "I would like to get a few more wins and finish off the conference strong going into the tournament, but I have no doubt that we'll be there."

JOSEPH MONTALVO/STATE HORNET
Kristine Knowlton scored eight points in the Hornets' 59-53 overtime loss to Idaho State on Saturday. The team dropped to sixth place in the Big Sky.

Regardless of how the team's season concludes, Muscatell says that the season has been a success.

"I'm proud of our team," Muscatell said. "We're talking about sweeping road trips and coming home and losing tough games. I don't know what the team thinks, but I think that this is a sign of the growth of the program.

"I know that I see this team get better on a daily basis."

MEN: Players 'won this one for coach'

Continued from B1

Hornets players after the game in support and could even hear Chris Lange on the Idaho State radio broadcast yelling, "We did it for you coach!"

"I am so proud of the players and the coaches," Jenkins said.

Assistant coach Zac Claus coached the Hornets in the win. Pugh led all scorers with 24 points. Harris scored 21 points and Lange had a career-high 20 points and 8 rebounds.

It was the Hornets (9-15, 5-6) first road win of the season and placed them alone in fourth place in Big Sky Conference standings.

The 99-97 win ended almost identical to Sac State's 57-55 loss to Weber State in the Hornets previous game. With just seconds left in the game at Weber State, the Wildcats picked up a loose ball that had been slapped away from Harris and sunk a layup as the buzzer sounded.

The Salt Lake Tribune reported that it took game officials a couple of seconds to rule the basket good. When they did, Jenkins charged toward the officials and had to be restrained by security, the Tribune reported.

According to a Big Sky Conference press release, Jenkins' comments that the Hornets "should be playing for overtime" to the Standard Examiner, Ogden, Utah's newspaper, and his inability to control his players led to the suspension.

"I am very apologetic for my actions," Jenkins said following the announcement of his suspension. "You have to respect the officials call. I never should have put us in that situation and I am backing the Big Sky in their decision.

"I deserve it and it will never happen again."

Jenkins said that, despite speculation, he never attempted to go into the officials' locker room.

"I was walking that way and passed four or five people that I thought would tell me I couldn't go in there and when I got to the doorway, I started to turn around."

Jenkins said that's when security and Claus grabbed him.

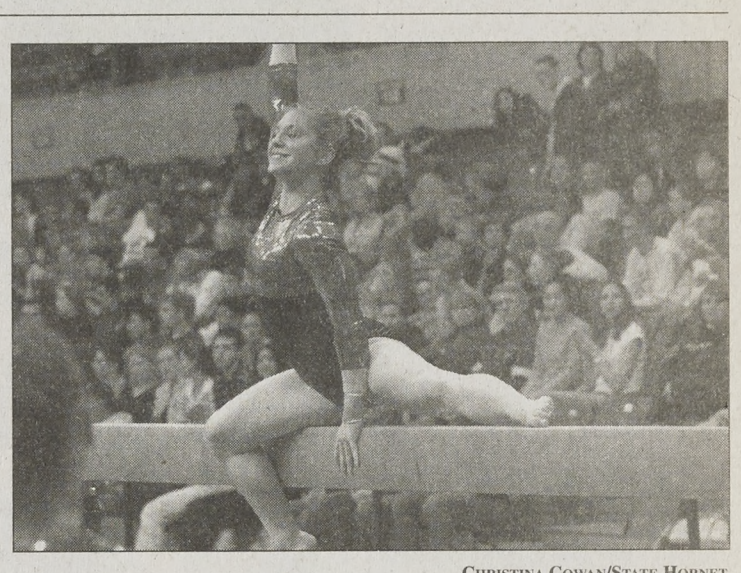
"It just looked real bad," Jenkins said. "I am willing to bet my house the officials didn't even know I was behind them."

The Salt Lake Tribune also reported that Sac State freshman Randy Adams was challenging spectators to fight him on the floor and senior E.J. Harris made inappropriate gestures at Weber State fans.

Jenkins said both players will be reprimanded for their actions.

"This team is like a family and I'm the father," Jenkins said. "It will be taken care of inside the family and they will be held accountable."

The Hornets will play at home against the two teams directly ahead of them in the Big Sky standings this weekend; Montana (12-11, 6-4) at 7:05 p.m. tomorrow and against Montana State (13-10, 8-2) at 7:05 p.m. on Saturday.


CHRISTINA COWAN/STATE HORNET
Nicole Giao performs on the balance beam for the Hornets Friday night in Davis. Giao scored a 9.075 in the event.

HOFFMAN: Hornets dominate UC Davis

Continued from B1

the event's title with a firm score of 9.850.

Hoffman took a close second, tying with UC Davis' Julia Richards' score of 9.775.

"The opportunity was there," Hughes said. "But we did compete better than last week, these are especially high scores."

Senior Nirvana Zaher, Hoffman and standout freshman Nicole Giao ran the table in the vault. Giao tied last week's score of 9.700.

Hoffman also set a personal best on the floor improving it from 9.825 to 9.850. The score was good enough for first place, with Senior Stephanie Aeder and Zaher tied for second behind her at 9.775.

Having to drop their season high of 193.200, set last week against San Jose, the Hornets increased their Regional Qualifying score to 191.825. The top six schools will compete in the NCAA West Regional on April 9 in Seattle.

Friday night the Hornets head to Tempe, Ariz. to face host Arizona State and Air Force.

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Sacramento State ATHLETE of the WEEK

Zane Beekman, Basketball
February 14-20, 2005

Junior center Zane Beekman has been named Hornet Bookstore Athlete of the Week after helping the men's basketball squad to a 3-1 record from Jan. 25-Feb. 5. Beekman, who transferred to Sacramento State from Illinois Central College prior to the season, combined for seven blocked shots against Eastern Washington (three) and Portland State (four). As of Feb. 9, Beekman had played in all but one game this season and ranked second in the Big Sky Conference with 1.44 blocked shots per game. A starter in four games, the Lewistown, Ill., native is also shooting a team-high 58.3 percent from the field and 83.3 percent from the free-throw line. A Health Science major (occupational safety and health concentration), Beekman currently has a 3.32 gpa.

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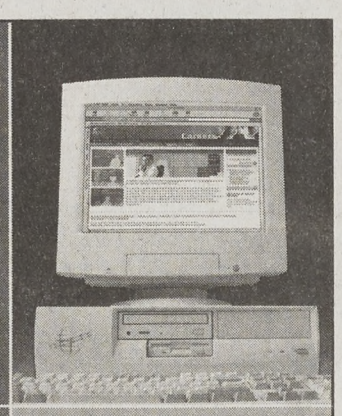

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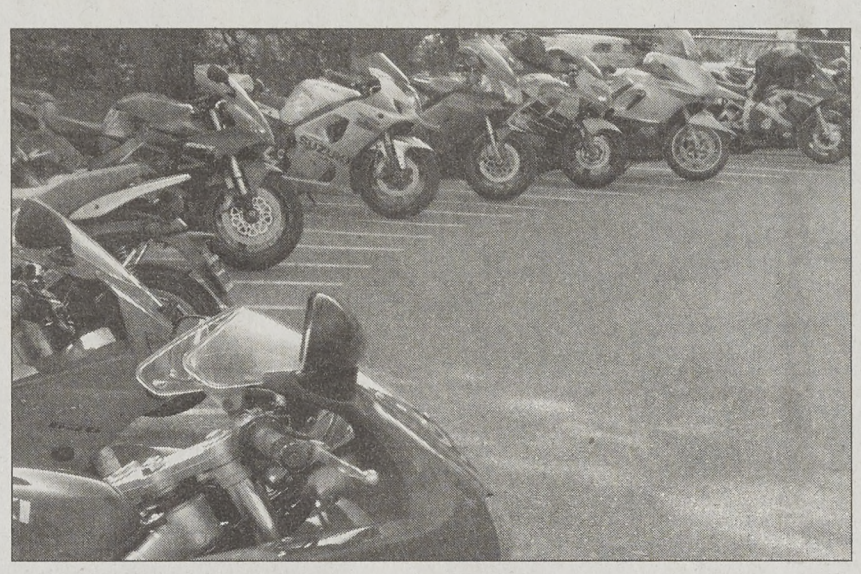


Motorcycles are offered the convenience of a spacious and often empty lot as well as parking passes for only $26.50 per semester.
TOJO ADRIANARWO/ STATEHORNET

TWO WHEEL ADVANTAGE

ANDY LAUGHLIN
State Hornet

The coming of spring means changes for everybody, but it's especially important to students who ride motorcycles.

Warmer weather and less rain mean conditions that are ideal for people who enjoy the carefree lifestyle of riding a motorcycle.

At Sacramento State, the rows of vastly different years, makes, models and styles of motorcycles in the parking lot are a testament to the changing season.

Riding a motorcycle to campus can be a lot of fun. While the fun factor is the main reason most motorcyclists choose their particular method of commute, there are additional benefits to riding to school.

"I save an hour of time," said Sac State senior Matt Balvin, who rides his Honda CBR 954 motorcycle to campus. "I can use carpool lanes and I never have to look for parking."

The small amount of space it takes to park a motorcycle means more of them can fit into a smaller area than cars require. The two-wheeled vehicle parking lot across from the Hornet Bookstore has 142 spaces. A parking lot with twice the area of the two-wheeled vehicle lot couldn't hold as many cars.

ONLINE
Check out Features online for a slide show of more photos
statehornet.com

Motorcycle parking permits are also cheaper. They cost $26.50 per semester, whereas a car permit costs $108.

As gasoline prices increase, the cost of commuting can become a real burden on students with a fixed income. Most motorcycles average between 40 to 50 miles per gallon. Scooters can get as much as 100 mpg.

Another benefit to riding a motorcycle is that traffic doesn't have to be as much of a problem.

"It's a lot faster when you can ride between lanes," senior Chai Saephan said. "I don't have to sit in traffic."

According to the California Motorcycle Handbook, lane splitting (riding between rows of slow-moving cars) is legal in the state. While the handbook considers the practice dangerous, it can be an effective way to reduce commute times significantly.

Like any method of transportation, commuting by motorcycle has some disadvantages. Being smaller can help riders to maneuver through traffic, but it also makes motorcycles hard to see, increasing the chances of an accident.

According to the Motorcycle Safety Foundation, lack of visibility is a leading cause of accidents between cars and motorcycles.

Motorcycles also lack the structural protection that a car offers. This means that there is nothing between the rider and a pavement besides clothing and a helmet. Accidents that leave drivers of cars with a minor case of whiplash can mean much more serious injuries to motorcyclists.

The added risk to personal safety is something that anybody who would like to learn to ride a motorcycle has to consider, and is one reason the lifestyle isn't for everybody.

Anybody interested in learning to ride a motorcycle can obtain a copy of the California Motorcycle Handbook from the local DMV. The handbook provides information about safety and choosing a motorcycle, as well as obtaining a license.

The Motorcycle Safety Foundation also has similar information and offers a safety course that waives the road test requirement for obtaining a license.

TOJO ADRIANARWO/STATE HORNET
Junior Denton Ward prepares to ride his Vespa out of the parking lot adjacent to the Hornet Bookstore.

Cosmo's new twist on 'Kama Sutra'

JEN WHITE
State Hornet

Cosmopolitan magazine, A.K.A. the bible, is always there for readers in need of guidance, sexual guidance, that is. The magazine has put a new twist on the classic Kama Sutra to appeal to New Age readers who likely don't have the attention span for the original.

Other than the basic principle of sexual instruction, "The Cosmo Kama Sutra" bears no resemblance to its predecessor. The ancient Indian "Kama Sutra," written by otherwise unknown Vatsyayana Mallanaga, carries the ancient Hindu principle that sexual pleasure is an art form and one of life's highest callings, without which life is incomplete. Americans may have come a long way in embracing their sexuality, but we haven't come that far.

BOOK REVIEW

"The Cosmo Kama Sutra: 77 mind-blowing sex positions" is not much more than the title infers, and is definitely not the cornerstone to successful living.

Each set of pages includes an instructional description of the position, why "you'll love it" and a full page illustration, along with clever titles such as "Randy Recliner," "The Python" and "The Ride of Your Life."

Out of 77 positions, about 10 are memorable and out of the ordinary, one of which, "The Lusty Leg Lift," requires a gymnast's flexibility.

Any avid Cosmo reader will have seen many of the book's positions before in previous issues of the magazine, making it questionable why anyone would shell out the $17.95 for the book. The book is meant to be a compilation, along with some new tricks thrown in.

The question is, where are the tricks? Out of 77 positions, about 10 are memorable and out of the ordinary, one of which, "The Lusty Leg Lift," requires a gymnast's flexibility.

Positions like the "Passion Propeller," where the man is on top and makes a 360-degree turn while inside his partner, isn't something the average couple throws into its sex life and is definitely worth a try.

The "Erotic Accordion," which puts the man in submission and interlocks the woman's legs is another interesting move. The illustrations are great for the visual learners out there, although alternate angles to really see what's going on could have been helpful.

The original "Kama Sutra," written by man for man, has instructions ranging from interior design to seducing a virgin. Not a stone, or woman, is left unturned.

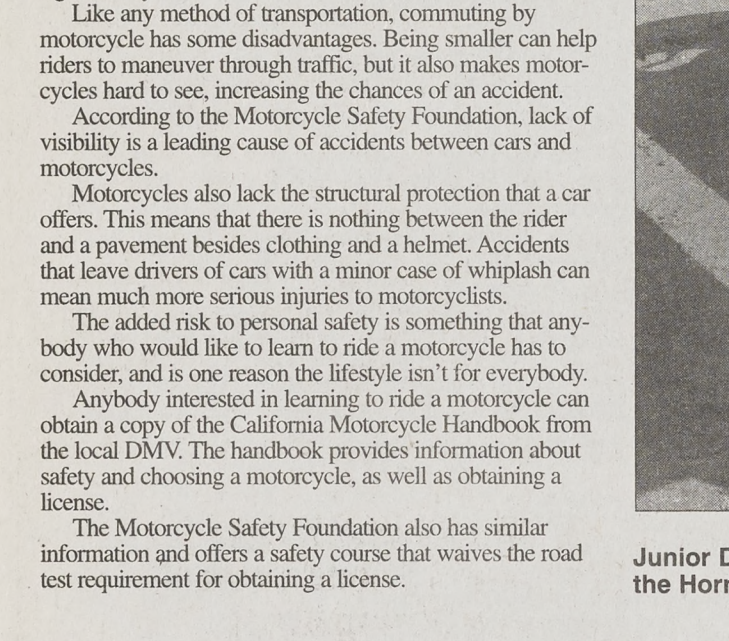
Seducing other men's wives and pleasing multiple women (including an illustration of a male pleasing five women with all of his limbs and his privates) are among the other chapters of the "Kama Sutra" that definitely aren't included in the Cosmo revamp.

In some ways we've evolved past the ancient practices that are included in the original book. The guidelines of man and woman's duties in society and marriage are far outdated.

Vatsyayana's practices require that women be educated solely in arts such as singing, danc-

SUTRA: Page B5

Guidelines adjusted for Americans' obesity



MARTIN TORRES/STATE HORNET
A new diet pyramid will be released in 2005 lessening the amount of carbohydrates and sugars recommended.

BRIANNA BOYD
State Hornet

Americans should think twice before canceling their membership to the local gym this year.

The 2005 release of the Dietary Guidelines for Americans encourages people to exercise 60 to 90 minutes per day.

That time is up from the last recommendation of 30 minutes per day, issued five years ago. The change comes at a time when American obesity is at one of its highest rates. It is estimated that 65 percent of Americans are obese.

Kathie Beals, a registered dietician who teaches at Sacramento State, said a third of the recommendations focus on controlling body weight.

"At no other time have we had such an obesity problem," she said. "So it makes sense they are addressing it now."

Changes have also been made in the food categories, many leading back to body weight control, Beals said.

The guidelines encourage people to eat fiber rich carbohydrates, which include fruits and vegetables and whole grains. It pushes people to choose foods with little added sugar. Sodium intake is reduced to less than 2,300 milligrams, which is equivalent to a teaspoon of salt, per day.

Instead of five servings of fruits and vegetables per day, it is now recommended to consume at least nine. Studies have shown an association between high fruit and vegetable intake and low risk disease.

"They are trying to get Americans to consider nutrient density, which means getting the most nutrients out of the calories you consume," Beals said. "You try to get as many nutrients for as few calories."

Many recommendations have been listed for the first time, as well. The guidelines list an increase in potassium-rich foods, which include bananas and potatoes. People are encouraged to consume three cups of low fat or nonfat dairy products per day.

Beals, who provided both written and verbal testimony to the Dietary Guidelines Advisory Committee in Washington, D.C., said the most controversial change is in the exercise requirement.

"At this point, they are just trying to get people to get up and move," she said. "They're endorsing all kinds of activity. They're also specifying that you don't have to do 90 minutes all at once."

Many students on campus understand the importance of exercising, but wonder how they will fit it into their schedules. Roxanne Edwards and Megan DeGuerre are both enrolled full time and work part-time jobs.

"Between work and school, I can't fit in an extra 90 minutes of exercise," said Edwards, a sophomore.

DeGuerre, a freshman, said she tries to work out on a regular basis, but even she wonders if she can fit in the extra time.

"It may not be realistic, but our society needs it," DeGuerre said. "We are one of the most obese countries."

Meanwhile, with food options on campus such as Taco Bell and Burger King, senior Claudia Marroquin wonders how students will be able to eat healthy on campus.

"With all the vending machines and everyone in a hurry, you don't have time to eat healthy unless you bring your own food," she said.

Beals said that with the introduction of the 2005 guidelines, a new pyramid should be released by the end of this year. The new design will reflect the changes made this year.

"The food pyramid is being redesigned," she said. "We don't know if it will still be in the shape of a pyramid."

Ken Carter enlightens

CURTIS GRIMA
State Hornet

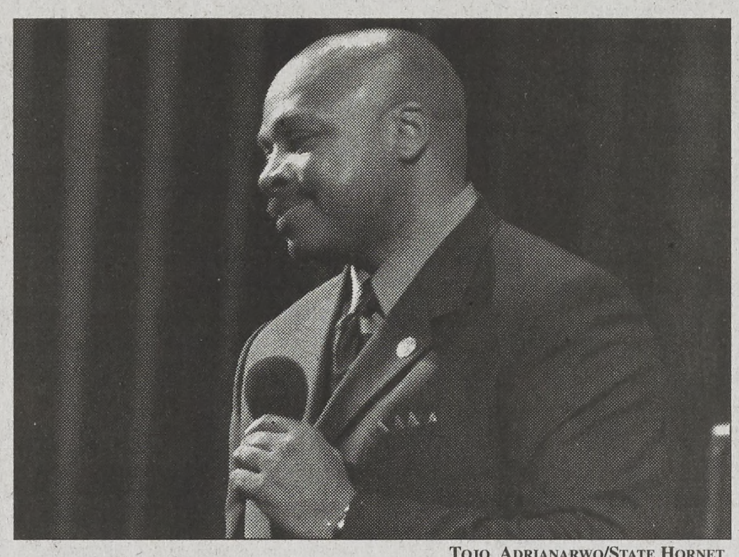
Coach Ken Carter delivered a motivational speech titled "Average is Just Not Good Enough. Period," Monday in the University Union that was aimed to inspire young people to invest in their futures.

Carter spoke to approximately 300 students, athletes, faculty and the community about living a successful life by preaching accountability, integrity, leadership and teamwork. His speech was part of a month-long celebration honoring the achievement of African Americans as part of Black History Month.

Carter benched an undefeated high school basketball team in 1999, after 15 of the 45 players failed to hold themselves accountable for a contract agreement of a minimum 2.3 grade point average. The state championship-bound team was 13-0 when he locked the gym doors in Richmond, not allowing the team to continue its winning streak.

"I was concerned for my safety," Carter said. "Everyone thought we were going to win the state championship, but that wasn't my goal. My goal was getting the students into college."

The attention the athletes were receiving led them to feel like rockstars, causing many students to blow-off classes. The controversial call made by Carter to suspend the team's activity ignited uproar in the community because the team had previously only won four games.



TOJO ADRIANARWO/STATE HORNET
Coach Ken Carter entertained a full crowd in the University Ballroom on Monday.

"They broke integrity for not keeping to the contract," Carter said. "And they needed to be held accountable."

The risky move made by Carter also grabbed the attention of Paramount Pictures, who asked to use Carter's life story for a motion picture. Carter was so shocked by Paramount showing interest that he actually hung up the phone. Thinking it was one of his friends playing a prank, the infamous coach later realized it was no joke.

The movie, "Coach Carter," grossed $26.3 million in the first week of release, placing it on the top of the charts in the box office.

The movie had an impact on many viewers' lives showing them a style of teaching that is not always common. Leonard Valdez, director of the Multi-Cultural Center, was one of those viewers who was impacted.

"He really sent a message that affected all of us who work with youth," Valdez said.

Jerome Jenkins, head coach of the men's basketball team at Sac State, related to Carter's experiences because he had benched four players in a past season due to insufficient grade point averages.

"I could have made them eligible," Jenkins said. "But I decided to sit them out. I think it really helped open a lot of eyes."

GETTING TO KNOW YOUR ...

Program director

MIA ANDERSON
State Hornet

Many don't know Dean Sorensen, program director of the University Union, but what he does is used a lot by Sacramento State students.

Sorensen, along with Program Unique, which is run by about 40 volunteers who meet every Monday and Tuesday at noon, bring performances like last Wednesday's performance by Something Corporate to our campus.

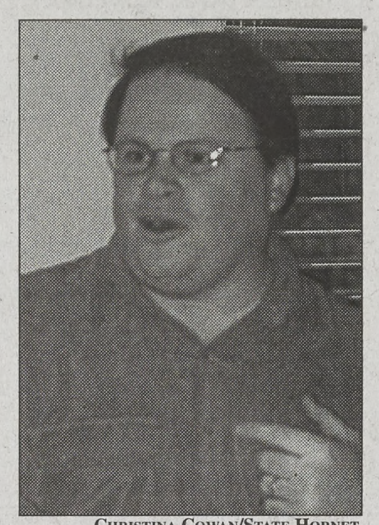
Except in instances like last week, where there was a Wednesday night performance, there is generally a Wednesday noon performance and a Thursday night performance on campus every week.

Wednesday performances can range from "bands to game shows," Sorensen said. Thursday night performances usually consist of concerts, lectures, movies or comedy shows.

Unique is funded by the University Union and a grant, which Unique applies for and varies in amount every year. Sorensen explained that Unique gets money for the Union to have events in the Union specifically and from ASI for cultural events.

"We are looking to keep everything cheap as possible," Sorensen said. "To break even or make a little money to help pay for free events. I understand that money is tight for students."

Sorensen said he likes college students and the college atmosphere.



CHRISTINA COWAN/STATE HORNET
Dean Sorenson speaks to UNIQUE members.

"I get to listen to music and be involved in things that I probably wouldn't if I wasn't here," Sorensen said.

Sorensen came to Sac State as a graduate student.

"I've been here since the '80s … I left from '96-98, but I came back in '98," Sorensen said.

Unique tries to bring a variety of programs to campus to accommodate the campus' diverse population.

"We are looking for quality and variety to accommodate the 28,000 students who come to Sac State," Sorensen said.

Sorensen said that Unique showed "Fahrenheit 9/11," where 1,400-1,500 students showed up.

"A big chunk comes from the Sacramento area and at our meetings we talk about different acts that are on tour," Sorensen said.

Different acts have performed at Sac State ranging from Flogging Molly to Something Corporate.

Sorensen said it is not very glamorous hanging out with such acts. He said he mainly deals with the tour manager and that he rarely hangs out with the band.

His main job is to make sure everything is set up and ready to go come performance time.

Sorensen was a double major in political science and communication studies. Sorensen said he wanted to be a political journalist as an undergraduate.However, after graduation he took a year off to run a movie theater, and since then he has gone in a completely different direction.

Sorensen said the campus' events on Thursday nights, which are partly put on for student entertainment, are partly as a safe alternative to drinking with friends.

Sorensen went on to explain that Unique is a program at school that tries to offer something for students to be involved in. Sorensen said that all students are welcome to events or to volunteer with program Unique.

"Unique is to get students to stick around the campus and get involved," Sorensen said.

SUTRA: Money poorly spent

Continued from B4

ing, writing, drawing and adorning oneself along with being available for man's pleasure. He also describes dealing with an unwilling virgin by having another persuade her with liquor. Neither rape nor adultery was outside the "Kama Sutra's" boundaries and reading the "classic" book is upsetting and disturbing at times.

Cosmopolitan is not anywhere near as controversial. Many of its positions, to the disappointment of the reader, are nothing new. It shouldn't have wasted time titling its positions and should have instead called them what they clearly are: woman on top lying flat, woman on top while moving hips, woman on top on her knees, woman on top on a chair, etc, etc.

Cosmo also included occasional magazine-style articles between positions and instructions. "The Sexiest Things to do After Sex," how to arouse your nipples, and "The Lube Lowdown" are some of the tips that Cosmo bestowed upon readers to make their book seem more like, well, a book.

Some of Cosmo's positions are available at tits Web site, Cosmopolitan.com, and the majority of them have been featured in the magazine's monthly issues.

Save the $18 and head down to your nearest adult store where you can find something that'll really help your sex life, or check out the classic "Kama Sutra" for the informative and historical value.

Whatever you do, don't waste your time on "The Cosmo Kama Sutra."

Best In Sacramento

The State Hornet is in the process of compiling Sacramento's best restaurants, bars, clubs and other off-campus hangouts for students. Send your suggestions to editor@statehornet.com.

CAMPUS EVENTS!

Today

Lecture, "Summer 2004 Fulbright Study in Rwanda: ethnicity, culture, national reconciliation and development," Sacramento State professors Ernest Uwazie, Jessie Gaston and Eddah Mutua Kombo, Black History Month, noon, University Union Coastal Room. (916) 278-5363.

Lecture, Jazz trumpeter Freddie Hubbard, Black History Month, 7 p.m., University Union Redwood Room. (916) 278-6997.

Thursday

Film, "Ray," based on the life of piano great Ray Charles, Black History Month, 7:30 p.m., University Union Ballroom. (916) 278-6997. Blues piano performance by Omar Shariff precedes film.

"An Evening with African Students Association," features music, fashion, clothing drive, dances, more, Black History Month, 6 p.m., University Union Redwood Room. (916) 278-5363.

Film, "The End of Suburbia: Oil Depletion and the Collapse of the American Dream," 8 p.m., University Union Hinde Auditorium. (916) 718-2068.

International Conference on Sinology, addresses different aspects of Chinese culture including language, literature, philosophy, women's rights, more, 9 a.m.-5 p.m., University Union Summit Room. (916) 278-5331 or rshek@csus.edu.

Friday

Musical, "A Chorus Line," directed by Sacramento State professor Ed Brazo, 8 p.m., University Theatre, Shasta Hall, $15 general/$8 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com. Performances Feb. 18-20, 24-27 and March 3-6.

Music, Freddie Hubbard, jazz trumpeter, Black History Month, 8 p.m., University Union Ballroom, $15 general/$5 Sacramento State students. Tickets at (916) 278-4323 or at Tickets.com.

Celebration of life for Sacramento State Dean William J. Sullivan, 1-3 p.m., Music Recital Hall in Capistrano Hall. (916) 278-6502.

Saturday

Musical, "A Chorus Line," directed by Sacramento State professor Ed Brazo, 8 p.m., University Theatre, Shasta Hall, $15 general/$8 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com. Performances Feb. 18-20, 24-27 and March 3-6.

Music, Karnatic (South Indian) instrumental music featuring Chitraveena N. Ravikiran, gottuvadyam; and Trichy Sankaran, mridangam, 7 p.m., Music Recital Hall in Capistrano Hall, $15 general/$12 seniors/$8 students. Tickets go on sale Feb. 1 at (916) 278-4323 or at Tickets.com.

Chinese New Year Celebration 2005, Year of the Rooster welcomed with activities including traditional lion dances, kung-fu performed by Shaolin monks, Szechuan "changing face" opera, children's games, ballroom dancing, more. 11 a.m. - 11 p.m., University Union. (916) 278-6997.

Sunday

Musical, "A Chorus Line," directed by Sacramento State professor Ed Brazo, 2 p.m., University Theatre, Shasta Hall, $15 general/$8 students and seniors. Tickets at CSUS Ticket Office at (916) 278-4323 or at Tickets.com. Performances Feb. 18-20, 24-27 and March 3-6.

Dance, Thailand's National Theater Company, live performance of "Khon," Thailand's classical masked dance, 3 p.m., Music Recital Hall in Capistrano Hall, $15 general/$8 students. Tickets at (916) 278-4323 or at Tickets.com.

Tuesday

Tenth Annual Black History Rally, "Uniting and Empowering the Black Youth Today," speakers, entertainment, vendors, student organizations, food, more. Sponsored by the Cooper-Woodson College Student Association, Black History Month, 5-9 p.m., University Union Ballroom. (916) 278-5363.

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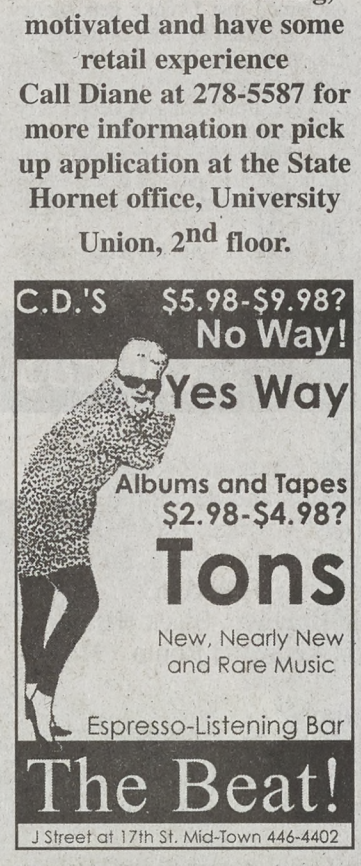

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ANNOUNCEMENTS

Find out about the stats of women under the current political administration. Panel discussion on Monday, February 21. Panel Speakers 3-4pm and Creative Art/Displays 1-6pm. Redwood Room, University Union
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